PICKTON APPEAL FOR RETRIAL BEGINS, PG3

The world's largest global newspaper
metro®
TUESDAY, MARCH 31, 2009 metronews.ca

Celebrity Buzz

India adoption next for Brangie?

pg 18

Entertainment

Reynolds enjoys his unplanned success

pg 16

Liquor hikes tomorrow

Increases expected to boost provincial revenue by $7 million

KRISTEN THOMPSON/METRO VANCOUVER

David Hannay, owner of Brix Restaurant inYaletown, behind his bar yesterday. Hannay says tomorrow's provincewide hike in hard liquor prices is going to hurt businesses already struggling to attract penny-pinching customers.

KRISTEN THOMPSON
kristen.thompson@metronews.ca

If you're like most Vancouverites and are watching your pennies, you might want to replenish your liquor supply today.

The price of hard alcohol in British Columbia is being raised tomorrow by $2 per 1.75-litre bottle while 750-ml bottles are going up by $1 — a price hike that's expected to boost government revenue by about $7 million.

David Hannay, owner of Brix Restaurant in Yaletown, said the move will hit restaurant and bar owners hard.

"When you talk about a 26- or 40-ounce bottle it doesn't seem dramatic, but when you talk about months' or years' (worth), it takes a bite on our already meagre margins," he said.

Hannay said that Brix is going to keep drink prices flat and "take the hit."

"It's tough to keep the prices down, but in this climate you have to let people know they're getting some value," he said.

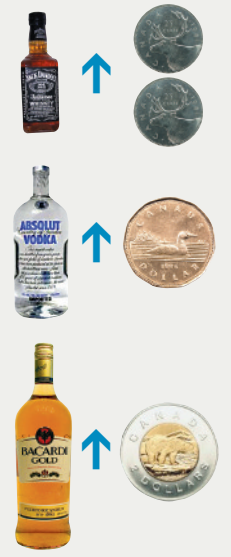
Rick Momsen, co-owner of Capone's Restaurant and Jazz Club in Vancouver, said the government should be helping the service industry, not raising taxes.

"It's killing people," he said, adding that Capone's is also keeping drink prices at status quo.

"If (the government) wanted to stimulate the economy, they'd be getting people out dining more."

Calls to Rich Coleman, minister of Housing and Social Development, which oversees the Liquor Distribution Branch, were not returned by press time.

375 ml, 750 ml, and 1.75 L increases



ShareYourViews
vancouverletters@metronews.ca

Winter 'on thin ice,' says report

CLIMATE Rising levels of atmospheric carbon dioxide could threaten the future of winter sports in Canada, a climate change specialist with the David Suzuki Foundation warned yesterday.

David Suzuki

Ian Bruce, author of On Thin Ice, said climate change could wreak havoc with the country's $5-billion winter tourism industry, through a shortened snow season.

"If greenhouse gas emissions are not seriously cut, global warming stands to wipe out half of Canada's ski season later this century," Bruce said.

It could also reduce ice-skating on the Rideau Canal to a single week by the end of the century.

Justin Lamoureux, a member of the Canadian Snowboarding Team, has trained on Whistler's Horstman Glacier in June and July for the past decade and said he's seen the impact of climate change.

"A few summers ago, the spot where we load the main T-bar had to be moved uphill a few hundred feet as the glacier melted out from underneath."

The report calls for a national climate change action strategy and for organizers of the 2010 Games to measure all carbon emissions and offset them with "gold standard" carbon offsets.

JEFF HODSON/METRO VANCOUVER

Please recycle

Thousands log on to live webcam in anticipation of birth of baby eagles

DELTA An eagle couple in Delta are the latest B.C. animals to become Internet stars.

A live web camera — with night vision — has been set up near their nest as thousands of people have been logging on in wait for the pair's two eggs to hatch.

Karen Bills, project co-ordinator for the Hancock Wildlife Foundation, told Metro it could happen "any day now."

"You can see the eagle getting up and doing her thing, squirming around, moving the eggs," Bills said. "There's even a spider, we call it Miss Charlotte, who has set up a web by the camera."

The live camera is at hancockwildlife.org. SAM SMITH/FOR METRO VANCOUVER

All inclusive prices include conventional Laser Vision Correction with microkeratome. Additional fees for post-operative care. Burnaby prices only. Prices subject to change without notice and not combind with any other offer. Customvue and IntraLase are additional fees.

Free Daily News Group Inc., operating as Metro Vancouver Newspapers 1190 Homer Street, Suite 250, Vancouver, B.C. V6B 2X6. Publisher: Maryse Lalonde

Running right day and night.

Bundle on the most reliable home network.*

Get a great deal on your home phone services when you sign up for TELUS High Speed. You'll get:

- TELUS home phone with unbeatable call quality*
- 1 Calling Feature
- 4¢/min. North American calling†

$20.95/mo.‡

When you sign up for High Speed.

Plus, get 1 month of all your services FREE.**

TELUS

the future is friendly®

Call 310-1144 or visit telus.com/bundle or your nearest TELUS authorized dealer.

*Based on total service disruptions and outages experienced by clients in the past year. †Applies to direct-dialled long distance calls only. Overseas calls terminating on a wireless phone or audio text facilities may be subject to higher rates. ‡Offer available until May 4, 2009 to residential clients in select locations who sign up for TELUS High Speed Internet and who have not signed up for this service in the past 90 days. Minimum bundle rate available is $35.90/month for the first year based on High Speed Lite Internet service. Regular bundle rate of $40.90/month starts on month 13 based on the same services. Limited time offer, subject to change on 30 days notice. **1 month of free services available to clients who have not signed up for TELUS High Speed Internet in the past 90 days and will be applied to the client's account within the first 12 months of service. Minimum system requirements apply. © 2009 TELUS.

TELUS AUTHORIZED DEALERS

LOWER MAINLAND

Vancouver
551 Robson St.
Oakridge Centre
Pacific Centre
2163 West 4th Ave.
501 West Georgia St.
101 - 925 West Georgia St.
5720 East Blvd.
689 Thurlow St.
3 - 1855 Burrard St.
3343 West Broadway
2748 Rupert St.
1 - 525 Seymour St.
150 - 625 Howe St.
105 - 950 West Broadway
1707 Robson St.
1092 Kingsway
10 - 3490 Kingsway

Aldergrove
310 - 26310 Fraser Hwy.

Abbotsford
Sevenoaks Shopping Centre
2 - 32915 South Fraser Way
1 - 2142 Clearbrook Rd.
401 - 2140 Sumas Way

Burnaby
Brentwood Mall
Crystal Square
Lougheed Mall
Metrotown/Metropolis
214B - 4501 North Rd.
4711 Kingsway
7531 Market Crossing
111 - 3823 Henning Dr.
204B - 3430 Brighton Ave.

Chilliwack
Cottonwood Mall
103 - 45300 Luckakuck Way
11 - 45905 Yale Rd.
7544B Vedder Rd.

Cloverdale
201 - 17725 64th Ave.

Coquitlam
Coquitlam Centre
101 - 3278 Westwood St.
5 - 3000 Lougheed Hwy.
2700B Barnet Hwy.
22 - 2988 Glen Dr.
2 - 901 Lougheed Hwy.

New Westminster
Royal City Centre

Delta
Scottsdale Mall
7235 120th St.
1517 56th St.

Langley
Walnut Grove Town Centre
Willowbrook Shopping Centre
3 - 19638 Fraser Hwy.
103 - 19700 Langley Bypass
C104 - 20159 88th Ave.
19971 96th Ave.
C7 - 20202 66th Ave.

Maple Ridge
22661 Lougheed Hwy.

Mission
100 - 32670 Lougheed Hwy.
318 - 32555 London Ave.

North Vancouver
Capilano Mall
127 - 1199 Lynn Valley Rd.
1295 Marine Dr.
1748 Lonsdale Ave.
1392 Main St.

Port Moody
202 Newport Dr.

Pitt Meadows
735 - 19800 Lougheed Hwy.

Richmond
Aberdeen Centre
Admiralty Centre Mall
Ironwood Mall
Lansdowne Mall
Parker Place
Richmond Centre
115 - 12571 Bridgeport Rd.

Surrey
Central City Shopping Centre
Guildford Town Centre
201 - 13734 104th Ave.
135 - 12477 88th Ave.
2404 King George Hwy.
1675 128th St.
108 - 7380 King George Hwy.
403 - 15940 Fraser Hwy.
10310A 152nd St.

West Vancouver
Park Royal Shopping Centre
North/South

White Rock
Semiahmoo Shopping Centre
10 - 3189 King George Hwy.

OKANAGAN/NORTHERN BC

Aberdeen Mall (Kamloops)
Northills Centre (Kamloops)
Orchard Park Mall (Kelowna)
Spall Plaza (Kelowna)
Cherry Lane Shopping Centre (Penticton)
Pine Centre (Prince George)
Piccadilly Mall (Salmon Arm)
Village Green Mall (Vernon)

Whistler
7009 Nesters Rd.

Squamish
38116 2nd Ave.

Playland now hiring
Playland at the PNE is hiring again. The amusement park needs 400 workers to operate the rides, games and even join the mascot program. Positions pay $9.76 to $12 per hour. Visit pne.ca for details. METRO VANCOUVER

Local

U2 tickets to go on sale

Tickets for U2's Vancouver show at B.C. Place on Oct. 28 go on sale this Monday at 10 a.m. The Black Eyed Peas will be opening for the Irish band, which is fronted by Bono, left. METRO VANCOUVER

B.C. Ferries raises prices on routes

INCREASE B.C. Ferries tickets are increasing tomorrow, with fares on its three major routes between Vancouver and the Island going up nearly four per cent.

The annual increase, which takes effect every April 1, will also raise fees on most other routes by more than seven per cent.

A one-way adult ticket between Vancouver and Victoria is going up to $13.50 from $13. The rate for vehicle passage is going up to $45 from $43.

Passengers on minor routes — which will see a larger fare increase — will be compensated with a fuel rebate. In 2007, B.C. Ferries commissioner Marty Crilly announced annual fare increases every year until 2012. METRO VANCOUVER

metronews.ca
What's online today.

Video Victims' families hold ceremony as Robert Pickton appeal begins at **metronews.ca/canada**

Video A new economy begins to take shape in Nunavut as mining dollars start to flow at **metronews.ca/canada**

Your Money Allan Small on the hazards of easy access to investment advice at **metronews.ca/investing**

Jurors confused: Defence

Robert Pickton's lawyers argue he didn't get fair trial

SAM SMITH
for Metro Vancouver

Jurors at Robert Pickton's trial were misinformed and confused about whether the serial killer acted on his own, reasons enough to justify a retrial, defence lawyers told the B.C. Court of Appeal yesterday.

New defence lawyer Gil McKinnon said the judge in charge of Pickton's trial made five mistakes that took away the pig farmer's right to a fair trial.

"These five errors strike at the core value of our criminal justice system," McKinnon said. "It is the constitutional right of every accused, regardless of how heinous the allegations, to have a fair trial."

Family and friends of the victims gathered outside of the law courts to comment on the trial process.

Lauren Gill, an outreach worker in the Downtown Eastside and friend of Jason Fleury, whose sister Mona Wilson was among the six women Pickton was convicted of killing, said the court process has been disrespectful to the families.

The courtroom was full yesterday and some family members had to wait outside while media were accommodated inside.

"The families are here for closure, and to be denied that is a slap in the face, a total insult," Gill said.

Nine days have been set aside for the appeal, with the Crown expected to present its case by the end of the week.

ANDY CLARK/REUTERS

Damien Alexander Ravenchild burns traditional native sweet grass outside the downtown Vancouver courthouse where appeals were heard in the case of serial killer Robert Pickton.

Consequences

- If Pickton is awarded a new trial, the Crown is counter-appealing to have him tried on the 26 counts of first-degree murder he was originally charged with, instead of splitting them.

Infant is stable, police say

CRIME An eight-week-old boy is in hospital in critical but stable condition, Vancouver police said yesterday. According to Const. Jana McGuinness the baby may have been the victim of an aggravated assault that occurred on March 20. Police and the Ministry of Children and Family Development are investigating. METRO VANCOUVER

Friend testifies at Braidwood

TASER INQUIRY Robert Dziekanski was nervous about flying to Vancouver and hadn't slept for two days before leaving Poland, CBC News Online reports. Iwona Kosowska, Dziekanski's friend, testified at the Braidwood Inquiry into his death from Poland through the Internet. METRO NEWS SERVICES

Poor B.C. car sales impact nation

ECONOMY Car sales have been slow going in 2009 with poor results in British Columbia driving down numbers across Canada.

If sales don't rev up, B.C. is projected to sell 30 per cent fewer cars this year than it did in 2007 when a record 198,000 units were sold, according to a study released yesterday by Scotiabank Economics.

B.C. is one of two slumping provinces — Alberta is the other — dragging down auto sales across Canada.

"Preliminary data through February indicate that sales in these two provinces have plunged 35 per cent year-over-year, nearly 10 percentage points worse than in the rest of Canada," said Carlos Gomes, Scotiabank senior economist and auto industry specialist.

He blamed the slowing construction industry, the decaying forest sector and recent job losses in B.C. for the drop in sales.

Across Canada, 16 per cent fewer new vehicles are expected to leave dealerships as the forecast was lowered to 1.38 million cars and light trucks being sold nationally. METRO VANCOUVER

Release a 'serious error': Lawyer

MEMO Police Chief Jim Chu's decision to release a memo describing the video from the police shooting of a homeless man was a "serious error of judgment," says Vancouver lawyer David Eby.

The memo was released to the department and corroborates testimony from officers involved in the shooting of Michael Vann Hubbard on March 20.

"The release of this memo … shows exactly why evidence like this should be handled by civilian investigators, not the police," said Eby, with the B.C. Civil Liberties Association. "This videotape description, independent of its accuracy, was distributed apparently without concern for influencing internal or external witness statements." METRO VANCOUVER

In Metro Vancouver, 77% of all trips are by car.

Be part of **the Plan**

We need to create a region where driving a car is an option and not a necessity.
Please visit **www.bepartoftheplan.ca**

TRANSLINK

Caribou need more protection near highways: Biologist
The death of a pregnant caribou cow and a calf near the Kootenay Pass on Highway 3 has environmentalists asking for changes to protect the endangered animals. Biologist Dave Quinn is among those asking for lower speed limits, better signs, and salt licks located away from the highway. **CBC NEWS ONLINE**

News in brief

COFFEE CLOSING Starbucks is shutting down its coffee shop at the Aberdeen Centre in Richmond tomorrow, CBC News Online reports. It'll be the first closing of a Canadian location.

CHILLIWACK The RCMP is asking for the public's help in finding whoever blew up a dumpster in Chilliwack. Residents near Bole Avenue heard the explosion around 12:30 a.m. yesterday, shattering some of the windows in the first few floors of the nearby Evergreen Apartments.

CRUISES Holland America is cutting 20 cruise sailings from Vancouver next year, reducing revenue to the city by $40 million, cknw.com reports. Eighty per cent of people sailing out of Vancouver are American, and those travellers said it's easier for them to fly into and sail out of Seattle.

HEALTH The contract of B.C.'s 3,500 ambulance service workers expires today, news1130.com reports. The president of the paramedics union met with Health Minister George Abbott yesterday to avoid possible binding arbitration.

METRO NEWS SERVICES

VANOC's lasting legacy

Carbon-neutral Games will affect future Olympics: Prince of Monaco

VANCOUVER 2010 Games

JEFF HODSON
jeff.hodson@metronews.ca

A commitment to make the 2010 Games carbon-neutral is "unprecedented" in the history of the Olympics, Monaco's prince said yesterday in Vancouver.

Olympic organizers announced that they are in negotiations with potential sponsors to offset their carbon footprint — an estimated 300,000 tonnes of carbon emissions.

"It will not only make its mark on the way that we conceptualize and organize sports events, but the way Olympic Games are organized," said Prince Albert II of Monaco, at the World Conference on Sport and the Environment in Vancouver. "It's going to have a huge impact."

JEFF HODSON/METRO VANCOUVER

Prince Albert II of Monaco takes part in a Power Smart display at the Eighth Annual World Conference on Sport and the Environment yesterday at the Vancouver Convention and Exhibition Centre.

Linda Coady, VANOC's vice-president of sustainability, said past Games in Salt Lake City (2002) and Torino (2006) set offset targets for carbon emissions during the 17-day Games period.

But VANOC's plan goes further. It includes the 200,000 tonnes of emissions that will be created by spectators and other participants when they fly to Vancouver for the Games.

It also tracks Olympic-related carbon emissions from 2003, when Vancouver was awarded the Games, through to the end of the Paralympics.

Coady said the offsets could take the form of building retrofits and turning pine-beetle wood waste into a source of energy.

Coke goes green

- Coca-Cola, the longest running Olympic sponsor, is planning to be carbon neutral for its 2010 activities. It will bring in new coolers to reduce energy by 35 per cent and will purchase gold standard offsets for its emissions.

Vancouver School Board facing staffing cutbacks

SAM SMITH
for Metro Vancouver

EDUCATION The Vancouver School Board (VSB) has put forth a proposal that would see cuts to education in order to accommodate a $7.12-million shortfall.

According to Patti Bacchus, chairperson for the VSB, the cutbacks won't include laying off teachers, but it does mean reducing the number of staff.

"It does contain reductions without creating actual layoffs," Bacchus said. "There will be attrition, retirements and we won't be filling vacant positions."

The proposed budget includes reductions in administration, supplies and services.

"This is a real problem," Bacchus said. "At a time when we need to be investing in education, we have these shortfalls that are setting us back."

A final proposal will be announced by the end of April.

Loverboy's night on the town
Vancouver-based Loverboy headed straight to Yaletown after the Juno Awards on Sunday, dining at Italian restaurant La Terrazza. METRO VANCOUVER

Dumpster ban stalled

City yet to act on 2007 vote to rid streets of bins

KRISTEN THOMPSON
kristen.thompson@metronews.ca

As Seattle started hauling away its dumpsters yesterday, a process that is expected to take about a week, one Vancouverite is wondering what's become of our city's plan to do away with street bins.

Annette O'Sea, with the Yaletown Business Improvement Association, said dumpsters are an unsightly haven for criminal activity, and in Yaletown take up valuable parking space.

In 2007, city council unanimously voted to ban dumpsters, but O'Sea said the project has stalled under the new council.

"The bylaw has been passed. We just need this council to say it's time to do it," she said.

"There are better solutions, we just need to use them."

Chris Martin, president of CleanScapes, which started Seattle's program to replace commercial dumpsters with prepaid trash bags, said the cost to taxpayers is the same, while safety and aesthetics instantly improve.

"After being on the program for a year or so, people tend to reduce the amount of waste they're generating by 17 to 20 per cent," he said.

Theresa Beer, a spokesperson for the City of Vancouver, said council is waiting for business improvement associations to report on what disposal system is most suitable for this city.

She said Vancouver differs from Seattle in that bins here are the property of building owners — not the city — and it's their responsibility to find a contractor equipped to do the kind of collections being done in Seattle.

KRISTEN THOMPSON/METRO VANCOUVER

Annette O'Sea, with the Yaletown Business Improvement Association, on Hamilton Street yesterday.

RECEIVERSHIP SALE

NEWLY COMPLETED

Sophia
VANCOUVER LIFESTYLE RESIDENCE

1 BR from $295,000
2 BR from $425,000
2 BR TOWNHOMES
from $499,900
ALL PRICES INCLUDE GST

298 EAST 11TH AVENUE
VANCOUVER

OPEN HOUSE
THURSDAY APRIL 2ND • 2PM – 7PM
SATURDAY APRIL 4TH • 10AM – 4PM
SUNDAY APRIL 5TH • 11AM – 3PM

The Bowra Group
WWW.BOWRAGROUP.COM/SOPHIA

Passion.
Discover yours.

Ignite your potential.
Attend an Information Session

DAVID LAM CAMPUS COQUITLAM	DATE	TIME	ROOM
Commerce and Business Administration Accounting ▸ Business Administration ▸ Business Management ▸ Computing Science and Information Systems ▸ Financial Services Management ▸ Hotel and Restaurant Management ▸ Marketing Management ▸ Office Administration	Tues, Apr 7	5pm	A1470
Health Sciences Dispensing Optician ▸ Health Care Support Worker ▸ Health Information Management ▸ Nursing ▸ Psychiatric Nursing	Tues, Apr 7	5pm	A1470
Science and Technology Animal Health Technology ▸ Physical Education and Coaching ▸ Physical Education Instruction	Tues, Apr 7	5pm	A1470
University Transfer Arts & Science	Tues, Apr 7	5pm	A1470

NEW WESTMINSTER CAMPUS	DATE	TIME	ROOM
Child, Family and Community Studies Behavioural Interventionist ▸ Child and Youth Care Counsellor ▸ Classroom and Community Support ▸ Community Social Service Worker ▸ Early Childhood Education ▸ Therapeutic Recreation ▸ Youth Justice	Thurs, Apr 9	5pm	2201
Commerce and Business Administration Accounting ▸ Business Administration ▸ Business Management ▸ Computing Science and Information Systems ▸ Financial Services Management ▸ Hotel and Restaurant Management ▸ Marketing Management ▸ Office Administration	Thurs, Apr 9	5pm	2201
Dispensing Optician	Thurs, Apr 9	5pm	2201
Performing Arts Music ▸ Stagecraft ▸ Theatre	Thurs, Apr 9	5pm	2201
Physical Education and Coaching (Bachelor's degree)	Thurs, Apr 9	5pm	2201
University Transfer Arts & Science	Thurs, Apr 9	5pm	2201
Print Futures : Professional Writing	Sat, Apr 18	11am-1pm	1808

Ask about our part-time options.
Call 604-527-5814 for information.
For a full schedule visit douglascollege.ca/info

08-466b

NEW WESTMINSTER CAMPUS 700 Royal Avenue
(one block from New Westminster SkyTrain Station)

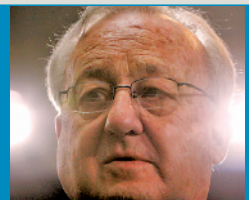
DAVID LAM CAMPUS 1250 Pinetree Way, Coquitlam
(one km north of Coquitlam Centre Mall)

Douglas College

Cardiovascular disease deaths declining: StatsCan

The number of deaths in Canada caused by major cardiovascular disease has been declining just as the number of deaths caused by cancer has been increasing, according to Statistics Canada, and the change is being felt most dramatically among men. **CBC NEWS ONLINE**

Canada



Schreiber probe underway

Lobbyists aggressively pushing to build an armoured vehicle factory in Cape Breton, N.S., claimed high-profile political backing for the project, including the support of then Prime Minister Brian Mulroney, an inquiry has heard. A long-awaited probe of the dealings between Mulroney and arms dealer Karlheinz Schreiber, left, got underway yesterday, looking at the proposal that members of Mulroney's cabinet were pushing hard to get built. TORSTAR NEWS SERVICE

From hitched to ditched

Canadian attempts lawsuit after marriage to foreigner fizzles

A Brampton, Ont., man is attempting to launch a class-action lawsuit against the federal government for failing to investigate and deport foreigners who allegedly trick Canadians into marriages of convenience.

It is unknown how many cases there are nationally, but Immigration Canada's branch office in Mississauga, Ont., has about 600 files on immigration fraud cases and a lack of staff has created a major investigative backlog.

Saranjeet Benet, a 37-year-old electrician, and his father, Sampuran Benet, founded Canadians Against Immigration Fraud and are asking the Federal Court of Canada for permission to pursue a class-action lawsuit on behalf of Canadian sponsors who married foreigners in good faith but were jilted and ended up with emotional scars and financial losses.

"We are not asking for money," said Sampuran Benet, whose Toronto-based non-profit organization has 100 members across Canada.

"We just want the government to investigate, take action and deport those who defraud Canadians into a marriage in order to immigrate to Canada."

Saranjeet Benet came to Canada as an infant but returned to India in search of a bride. He and Opinder Kaur Saini were married in Punjab in November 2003. Three years later, she arrived as a permanent resident through the spousal sponsorship program but left him after a month on Jan. 15, 2007. Saini moved in with her parents and sister in Brampton.

"We are not asking for money. We just want the government to investigate."
Sampuran Benet

Benet claims in court records filed in November in the immigration fraud lawsuit that Saini had no interest in consummating the marriage.

Saini, however, says Benet abused her upon her arrival in Canada in documents filed in response to annulment proceedings Benet began in the Superior Court of Justice.

When reached in Brampton this week, Saini declined to comment on the fraud allegations. The annulment is still before the court.

Neither the Canada Border Services Agency nor Citizenship and Immigration Canada investigated their complaint of immigration fraud, first filed in March 2007, the Benets claim. The family also sent letters to former immigration minister Diane Finley demanding action.

TORSTAR NEWS SERVICE

Manitoba **Preparing for flood**

PAWEL DWULIT/TORSTAR NEWS SERVICE

Robert McCarthy, left, gets help building a dike around his home in Breezy Point, Man., on the shore of the Red River from volunteers. The appeal for more volunteers to fight floods from the Red River is growing more urgent in Manitoba as the province expects warmer weather this week.

News in brief

BAN British MP George Galloway will not be allowed to enter Canada after a federal judge upheld a government ban that denied him entry because of his alleged support of the Palestinian militant group Hamas, CBC News Online reports.

METRO NEWS SERVICES

Shaw's home phone service.
The kind of deal that will really get people talking.

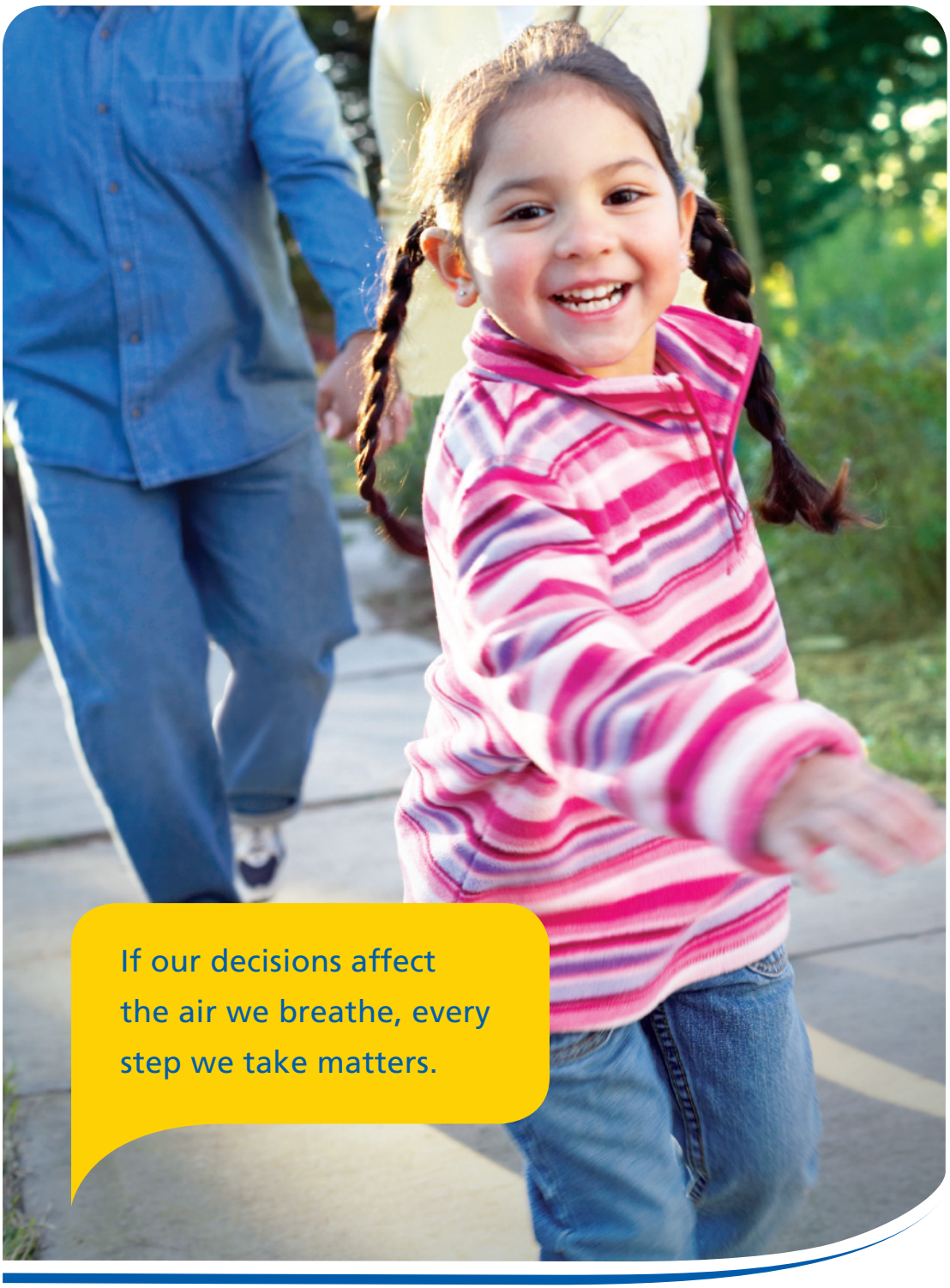
FROM $20.95 PER MONTH
DIGITAL PHONE BASIC

It's easy to switch – we'll take care of everything and you keep your current phone number. You get great long distance rates, call display, free installation and service calls, plus the first month free. Switch today, call 310-SHAW.

SHAWDIGITAL PHONE

SHAW
PEOPLE POWERED

TransLink promotes walking, cycling, transit, ridesharing and teleworking.



Be part of the Plan

TransLink has created a long-range strategy to keep our region one of the most livable on the planet. Now is the time to learn about Transport 2040 and help shape the next 10 years of our transportation future. Join the conversation at **www.bepartoftheplan.ca**

TRANSLINK

Double decker delight

The view from atop Ottawa's OC Transpo's double-decker buses — rolled out for the first time yesterday — was good enough for Mayor Larry O'Brien to get out his camera and take some shots during a ride.

"This is a way of increasing the capacity of our bus system and I think it's a very, very good move," O'Brien told reporters.

"If they work out we'll certainly be getting more."

The three red-and-white double-deckers will be tested on Route 94 and gradually used on nine other express routes over the coming year.

If they prove to work for customers and are cost-effective, OC Transpo will order roughly 33 more double-deckers a year from now, said OC Transpo general manager Alain Mercier.

"I would like to go through one full winter with these buses before we finalize our firm order," he said, adding that other cities such as Kamloops and Victoria are increasing their orders on the two-level buses.

"There's a lot of interest over this baby," said a beaming Mercier, watching as bus-riding Ottawans climbed the stairs to the second level and looked around in wonder at the $625,000, 40-foot-long bus that stands 14 feet high.

The double-deckers are safer, less expensive and carry 96 passengers compared to an average of 70 on articulated buses, said Mercier. METRO OTTAWA

Liberals take lead in new survey

POLITICS The opposition Liberals have gained a slight lead in popular support over the ruling Conservatives amid increasing unhappiness over how the government is tackling the economic crisis, according to a poll published yesterday.

The Leger Marketing poll for the French-language Le Devoir newspaper put the Liberals, led by Michael Ignatieff, at 35 per cent popular support, compared with 34 per cent for Prime Minister Stephen Harper's Conservatives, who won a strengthened minority in the general election held last October. REUTERS

Google launches music download service in China
Google yesterday launched free downloads of licensed songs in China while sharing advertising revenue with major music labels in a market rife with online piracy. REUTERS

World

Sneak peek at new shuttle

NASA gave citizens of Washington a peek at a full-size mock-up of the spacecraft designed to carry U.S. astronauts back to the moon and then on to Mars one day. The U.S. navy-built Orion crew exploration vehicle will replace the space shuttle NASA plans to retire in 2010, and become the cornerstone of the agency's Constellation Program to explore the moon, Mars and beyond. REUTERS

Obama takes tough stance

Americans cheer auto moves; markets fear more intervention

Some frustrated U.S. taxpayers cheered President Barack Obama's tough steps to shore up the reeling auto industry yesterday, but critics called his decision to fire the chief of General Motors a heavy-handed power grab.

Obama forced out General Motors chief executive Rick Wagoner, pushed Chrysler LLC toward a merger with Italy's Fiat SpA and threatened bankruptcy for both, marking an escalation in Washington's involvement in rescuing the faltering economy.

Skeptics asked if it was an early sign of a more activist administration, or just an isolated example. GM shares tumbled 30 per cent on the news and the Dow Jones Industrial average sank nearly four per cent.

Experts called it potentially the most significant presidential intervention in the private sector since Harry Truman tried to seize the steel industry during the Korean War in 1952, only to be rebuffed by the Supreme Court.

As a candidate last year Obama supported rescuing the financial sector, and since then he has shifted to attacking the bonuses and corporate jets for companies taking taxpayer money, to pushing out a CEO and replacing members of the board of directors. REUTERS

Iraq **Patrolling the streets**

MOHAMMED AMEEN / REUTERS

An Iraqi soldier passes a woman during a military operation in Baghdad yesterday. Iraqi security forces swept through Baghdad on Sunday and detained several people after Sunni patrolmen angry at their leader's arrest clashed with police and troops in a battle that killed three people.

News in brief

NORTH KOREA The U.S. sent two missile-interceptor ships from South Korea yesterday, a military spokesman said, days ahead of a North Korean rocket launch widely seen as a long-range missile test that violates UN sanctions. The U.S., however, has said it has no intention to shoot down the rocket.

LONDON Five people suspected of planning to join protests against the G20 summit in London on Thursday have been arrested after weapons were found during a raid on a house in southwest England, police said yesterday.

ISRAEL Incoming prime minister Benjamin Netanyahu pledged yesterday to make every effort to achieve peace with Israel's neighbours and the Arab world, but again made no mention of Palestinian aspirations to statehood. REUTERS

Cures for childhood disease now come delicately wrapped in gold foil.

Next time you're at Shoppers Drug Mart, look for our Lindt Gold Bunny display. Lindt will donate $0.50 from the purchase of each 100g Lindt Gold Bunny to HealthyKids Canada – a fundraising initiative dedicated to paediatric research programs across the country.

Lindt GOLD BUNNY
SHOPPERS DRUG MART
HealthyKids CANADA
healthykidscanada.ca

Taliban suspected in police complex attack

PAKISTAN Pakistani commandos stormed a police academy early yesterday, overwhelming suspected Taliban fighters who killed eight cadets and wounded scores in a rampage through the complex.

"The operation is over. Four terrorists were killed and three arrested," Interior Ministry Secretary Kamal Shah said, adding 89 policemen were wounded.

Interior Ministry chief Rehman Malik said the militants were believed to be fighters loyal to Pakistani Taliban leader Baitullah Mehsud, who had come from the South Waziristan tribal region.

Punjab police Chief Khawaja Khalid Farooq said eight recruits were killed, though there had been reports the toll would be higher because there were 900 cadets in the academy at the time.

Three of the militants blew themselves up during the final assault and commandos rescued 10 officers held hostage inside the main building. REUTERS

Online fraud up 33 per cent

TECHNOLOGY Fraud on the Internet reported to U.S. authorities increased by 33 per cent last year, rising for the first time in three years, and is surging this year as the recession deepens, federal authorities said yesterday.

Internet fraud losses reported in the United States reached a record $264.6 million US in 2008, according to a report released yesterday by the Internet Fraud Complaint Center.

Online scams from across the globe are gathering steam, with a nearly 50 per cent rise in complaints in March alone.

Last year's losses, compared with $239.1 million in 2007, dwarf the $18 million in losses in 2001. REUTERS

Worst song of all time re-released
Agadoo by Black Lace, voted the worst song of all time by a panel of experts, has been re-released to mark its 25th anniversary. REUTERS

White House won't say 'war on terror'

Phrase used by Bush dropped by Obama

U.S. Secretary of State Hillary Clinton said yesterday that the Obama administration had dropped "war on terror" from its lexicon, rhetoric former president George W. Bush used to justify many of his actions.

"The (Obama) administration has stopped using the phrase and I think that speaks for itself, obviously," Clinton told reporters travelling with her to The Hague for a conference on Afghanistan, which Bush called part of his "global war on terror."

The term "war on terror" was coined after the Sept. 11, 2001, attacks against the United States, which were planned in Afghanistan by the militant group al-Qaida.

The phrase was strongly criticized by human rights groups that said it was used to justify many actions, such as the opening of the Guantanamo Bay prison for detainees held without trial at the U.S. naval base in Cuba.

Internationally, the phrase was seen by critics as a "with-us-or-against-us" philosophy, overly dependent on military force and what many Muslims decried as an attack on Islam.

Since taking office on Jan. 20, Obama has moved swiftly to reverse some of Bush's practices, ordering the closure of Guantanamo within a year and an end to harsh interrogation of terrorism suspects.

"I have not heard it used. I have not gotten any directive about using it or not using it. It is just not being used," said Clinton when asked whether the term had been officially dropped by the Obama administration.

REUTERS

News in brief

LIBYA At least 21 migrants died and hundreds more were missing after two boats to Italy sank off Libya in separate incidents, Libyan officials said yesterday. At least 23 people were rescued by coast guard ships.

TRAVEL Airlines will sell fewer seats this spring as a result of the economic malaise causing would-be passengers to stay at home, the International Air Transport Association said.

PRISONERS North Korea said this morning that it would put on trial for "hostile acts" two U.S. journalists arrested earlier this month on its border with China.

REUTERS

Rich Dad's Solution to the Economic Crisis on Wall Street

PROTECT Yourself & Even PROFIT In Today's Volatile Market

Now is NOT the time to rely on banks and brokers who get paid even when your portfolio tanks.

You need solid information that can help YOU TAKE CHARGE and PROTECT your own financial future.

RICH DAD HAS A PLAN – LISTEN TO HIM WHILE THERE'S STILL TIME

Robert Kiyosaki, author of the runaway bestseller ***Rich Dad Poor Dad***, saw this crash coming **six years ago**! He wrote about it in his book, ***Rich Dad's Prophecy***. That book not only said the biggest stock market crash in history was coming – it also outlined a **plan to prepare yourself and potentially profit from it**.

IT'S STILL NOT TOO LATE!

Our FREE Stock Success Workshop will show you how to:

- *Protect Your Portfolio Even when Stock Prices Are Melting Down*
- *Create Cash Flow when Stock Prices Are Bouncing Up and Down*
- *Risk Management Strategies that Keep You Protected at All Times*
- *Profit from Stock without Owning It*

ATTEND A FREE WORKSHOP

At Rich Dad's FREE Stock Success® Workshop, Robert's team of experienced trainers will show what you must do RIGHT NOW to safeguard your future and the future of your family.

Come discover a step-by-step plan to take charge of your finances and GET BACK ON THE ROAD TO SUCCESS!

RICH DAD's FLASH DRIVE

USB Drive, pre-loaded with a wealth of information including:

- An excerpt from Robert's book *Rich Dad's Prophecy*
- Exclusive online tools, articles and products
- Information about special events featuring LIVE session with Robert Kiyosaki
- BONUS! Access to *Conspiracy of the Rich: The 8 New Rules of Money* – Robert's newest interactive online book

Get this FREE GIFT

Yours FREE just for attending the workshop!

COMING TO THE VANCOUVER AREA ON APRIL 7, 8 OR 9

DON'T WAIT CALL NOW TO REGISTER OR REGISTER ONLINE AT

1-800-306-9531
www.richdadstock.com

FREE LIVE EVENT

Results from programs are based on individual effort and other factors. The company's products are for educational purposes only. The company is not a registered investment advisor or a broker-dealer. Stocks and Options trading have large potential rewards but also involve large potential risks. Additional products and services will be offered for sale. The Rich Dad® word mark and logos are owned by CASHFLOW Technologies, Inc. and any use of such marks by Rich Dad Education, LLC is under license. © 2009 Rich Dad Education, Ltd. All rights reserved. 09RDES0076a V1 2-09

Robert Kiyosaki will not attend this workshop.

It only takes a few minutes to shape the next few years.

The B.C. General Election and Referendum on Electoral Reform is Tuesday, May 12th.

If you're registered to vote and your voter information is up to date, voting will only take a few minutes - skip waiting in line to register at the polls. So register today.

Get on the list!
Registering is quick and easy.

Register online at **www.elections.bc.ca** or by phone at **1-800-661-8683**

ELECTIONS BC
A non-partisan Office of the Legislature

TTY 1-888-456-5448

LOCAL
Publisher, Maryse Lalonde
Managing Editor, Fernando Carneiro
Distribution Mgr, George Acimovic

NATIONAL
Group Publisher, Bill McDonald
Editor-in-Chief, Dianne Rinehart
Assoc Managing Editor, Tarin Elbert
Enter/Lifestyle Editor, Dean Lisk
Asst Managing Editor, Amber Shortt
Art Director, Laila Hakim
National Sales Director, Peter Bartrem
Interactive/Mrktng Director, Jodi Brown

Comment & Views

Comment

Tories need lifeline, too

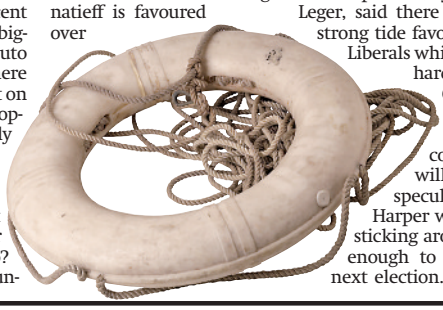
NationalReport

At the same time as the news arrived yesterday saying the Canadian and Ontario governments would give auto companies up to $4 billion in loans, a large-sample public opinion poll was released by Leger Marketing.

It showed that 69 per cent of Canadians oppose big-time assistance for the auto sector. In Ontario, where the economy is so reliant on that sector, 60 per cent oppose such aid, while only 17 per cent approve.

The business of governance is tough — and getting tougher. What was Prime Minister Stephen Harper to do? Let the companies go under? There are plenty of preconditions that go with the auto lifeline — conditions that haven't yet been met. The Conservatives said they were in accord with the tough measures being taken by President Obama who has fired the head of General Motors and who will make assistance dependent upon deep restructuring. That perception might do some good for the Tories who are starting to look like they need a lifeline as well.

The same Leger poll came with depressing news for the party. It showed that Liberal Leader Michael Ignatieff is favoured over Harper as the best leader to manage the economy. He gets the nod from 41 per cent of Canadians, compared to 32 per cent for the prime minister. This even though Harper has an economic background while Ignatieff does not. This even though the Conservatives brought in a big stimulus budget supported by the Liberals.



There's a typical political trend in evidence here. When the economy goes south, the party in power tends to get the blame, no matter what it does.

The pollster, Jean-Marc Leger, said there is now a strong tide favouring the Liberals which will be hard for the Conservatives to overcome. This will renew speculation that Harper will not be sticking around long enough to fight the next election. He's had three electoral kicks at the can. If he couldn't win a majority against the weakling Dion before the recession set in, how could he possibly do so in the middle of an economic plunge against a more formidable Liberal chief?

The problem for the Conservatives is that they do not have an outstanding leadership candidate in waiting. Jim Prentice, Peter MacKay and Jason Kenney are names who are mentioned, but none has a big wave of support within the party. Quebec Premier Jean Charest, a leader of the Conservatives in the 1990s, has won three straight elections in Quebec and may soon be looking for a new challenge. But he is a stranger to Ottawa now. It is unlikely, even if he was interested, that he would get the call.

That leaves Stephen Harper.

Lawrence Martin is a Globe and Mail correspondent and author who writes about national affairs from Ottawa.

MICHAEL DE ADDER

Views

Police have no right to delete your videos

David Eby
Law professor

Adam Smolcic alleges that on March 20, he used his cellphone to record two Vancouver police officers while they shot and killed Michael Hubbard, a homeless man.

The officers involved in the shooting were investigating a vehicle break-in that had taken place five blocks away in downtown Vancouver. Hubbard had the misfortune of owning a black bag, and a black bag had been taken from the car. In the worst imaginable case of mistaken identity, Hubbard was shot and killed, and Smolcic says he captured the whole incident on his cellphone.

Shortly after the shooting took place, while he was still recording, Smolcic alleges that a third officer responding to the scene took his phone from him, deleted the video and told him to "get lost."

Beyond the obvious concerns about police allegedly destroying evidence, telling an eye witness to "get lost," and shooting a homeless man, some readers may wonder what rights Smolcic had with his video, and in what situations the police could seize his phone.

Citizens in Canada have a nearly absolute right to refuse to turn over their recordings to police, but there are three clear exceptions to this rule.

First, if Smolcic himself had committed a crime, when the police were searching him incidental to his arrest, they could take his phone. This is called the "search incidental to arrest" exception.

"Citizens in Canada have a nearly absolute right to refuse to turn over their recordings."

The second way the police could have taken Smolcic's phone was if they had obtained a warrant from a judge to seize the phone, most commonly called a search warrant.

Finally, the police could take Smolcic's phone if Smolcic gave them permission, which is exactly what happened on March 20. Smolcic says the last thing he ever expected was that the police officer would erase his video, and he handed over the phone to be helpful to their investigation.

As for the officer who allegedly erased the video, if Smolcic's allegations are true, he could face criminal charges in the form of mischief, theft, or obstruction of a peace officer.

The B.C. Civil Liberties Association is working with Smolcic to recover the deleted video with the help of data recovery experts in Vancouver and the United States. In the meantime, citizen journalists should know their rights to avoid ending up in this kind of situation.

David Eby is the acting Executive Director of the B.C. Civil Liberties Association and an adjunct professor of law at the University of British Columbia.

Worth mentioning

NASA's Colbert conundrum

SPACE STATION NASA's outreach to the public to drum up interest in the International Space Station started innocently, with an online contest to name the station's new living quarters.

But Stephen Colbert, a comedian who poses as an ultra right-wing news commentator on cable television's Comedy Central, nosed into the act with a grass-roots appeal that has backed the staid U.S. space agency into a corner.

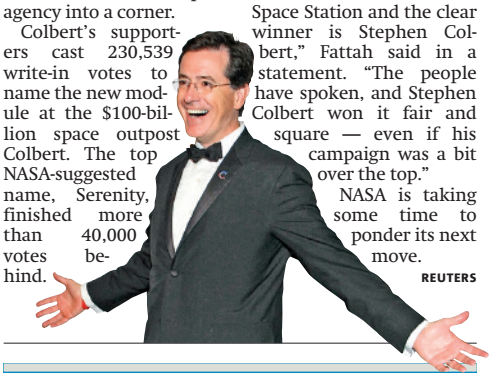
Colbert's supporters cast 230,539 write-in votes to name the new module at the $100-billion space outpost Colbert. The top NASA-suggested name, Serenity, finished more than 40,000 votes behind.

Contest rules stipulate that the agency retains the right to basically do whatever it wants, but it may not be that easy.

Last week, U.S. Representative Chaka Fattah, a Pennsylvania Democrat, called on NASA to do the democratic thing and use the name that drew the most votes.

"NASA decided to hold an election to name its new room at the International Space Station and the clear winner is Stephen Colbert," Fattah said in a statement. "The people have spoken, and Stephen Colbert won it fair and square — even if his campaign was a bit over the top."

NASA is taking some time to ponder its next move.



REUTERS

Metro Online Poll Results

58% SAID YES

Should George Galloway be allowed to speak in Canada?

Weigh in on today's question at metronews.ca

42% SAID NO

It's your turn to tell others what you think. Email your thoughts and opinions to: vancouverletters@metronews.ca
Letters must include sender's full name, address and phone number – street name and phone numbers will NOT be published. We reserve the right to edit letters.

Microsoft and TomTom settle patent dispute
Microsoft Corp. and Dutch navigation device maker TomTom NV said yesterday they had reached a settlement after more than a year of squabbling over software patents. REUTERS

Business

EDITOR: FERMIN.DESOUZA@METRONEWS.CA

CAW standing firm

GM, Chrysler told to fix restructuring plans

Ottawa and the province have told teetering General Motors and Chrysler to fix their restructuring plans to qualify for billions of dollars in aid but the Canadian Auto Workers says it won't offer any more help.

Despite government calls for more cuts, CAW president Ken Lewenza said yesterday his negotiators won't bargain any additional concessions for the two companies because workers are now competitive with rivals in the U.S.

Chrysler also wants more concessions than GM, and Lewenza said that won't happen either.

His remarks came after the federal and Ontario governments rejected restructuring plans from the two companies that would help them secure more than $9 billion in loans.

The governments told the companies to rework their plans, including more realistic estimates of future annual sales and market share. At the same time, the governments offered $3 billion to GM and $1 billion to Chrysler in interim bridge loans.

The impasse between the union and automakers could become a big stumbling block to the companies getting more aid, though Lewenza noted active labour costs represent only seven per cent of production expenses.

The governments want the companies to address their huge post-retirement obligations, or so-called "legacy" costs, but Lewenza stressed the union could not alter those commitments because of pension legislation.

Lewenza said the union would discuss some form of an independent trust fund, which could offload medical expenses and cap corporate costs.

TORSTAR NEWS SERVICE

In the U.S.

- Earlier yesterday, U.S. President Barack Obama gave GM 60 days to submit a better plan. He also said Chrysler must negotiate a merger with Italian car giant Fiat or another partner within 30 days or it won't get any further aid.

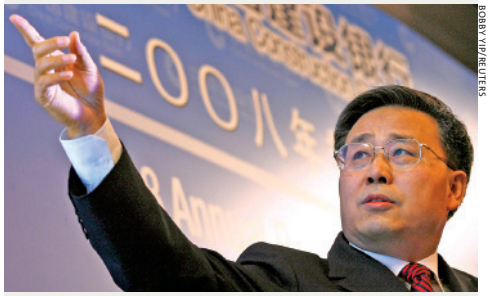
Visa Canada chief opposes regulation

INDUSTRY The head of Visa Canada chose a business audience in Toronto yesterday to test the sales pitch he plans to deliver next month in Ottawa: Don't regulate the debit and credit card industry.

While acknowledging that growing complaints about the industry has led to a Competition Bureau investigation and Senate hearings calling for caps on fees and rates, Tim Wilson said more government involvement would ultimately stifle innovation and choice.

TORSTAR NEWS SERVICE

China Lending expectations



BOBBY YIP/REUTERS

China Construction Bank chairman Guo Shuqing speaks during a news conference in Hong Kong yesterday. China Construction Bank, the country's second-largest bank by assets, expects its new lending this year to grow 10 to 12 per cent without causing a significant rise in bad loans.

MAX Dental @ Yaletown

NEW PATIENTS PACKAGE
$199* APPROX. $325 VALUE
EXPIRES APR. 30/2009

Ask about "Whitening for Life"

* Includes Check-up & Cleaning and choose from a FREE electric toothbrush OR take home whitening kit for $49 OR ZOOM! Whitening for $199 (reg $399). *Some exceptions may apply.*

WE DO BOTOX!

The MAX Dental @ Yaletown
90 Smithe Street 604.609.2020 www.yaletowndentists.com

How Much are your Home Phone Bills?

comwave Enhanced $14.95/month Unlimited Local Calling

comwave Unlimited Canada $19.95/month Unlimited Calling Anywhere in Canada

comwave One-Rate $29.95/month Unlimited Calling Anywhere in Canada and USA

All Features FREE!

- Caller ID
- Voicemail
- Call Forwarding
- Call Waiting
- Keep Your Existing Phone Number
- Free Comwave to Comwave calls WORLDWIDE!

Call Now and Receive
ONE MONTH FREE!

See How Comwave Compares to the Competition...

Home Phone Line	+ 2 Features	+ 5 Features
Rogers	$33.95/month	$41.95/month
Bell	$27.95/month	$32.95/month
Yak	$34.95/month	$38.95/month

1-866-543-5122
comwave comwave.ca

Home Phone Lines: * VoIP 911 has certain limitations versus traditional 911. The rates are based on a 2 year term. † The option to keep your existing phone number may not be available in all areas. Credit for monthly fee will be applied to the third month's invoice. Long Distance: Comwave guarantees to match or beat your rate today and forever. Rate Guarantee is based on competitors' lowest advertised rate or written quote for like services. Rates from Rogers based on the rates advertised on www.rogers.com March 27/2009. Rates from Bell are based on the rates advertised on www.bell.ca March 27/2009. Rates from Yak are based on the rates advertised on www.yak.ca, March 27/2009.

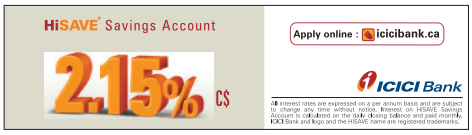
Interest rates/Savings accounts
METRO NEWS SERVICES

BMO	CIBC	HSBC	ICICI	ING	PCF	RBC	Scotia	TD
1.75%	1.75%	1.75%	2.15%	1.85%	1.65%	1.75%	1.75%	1.25%

Note: Please check bank websites as some rates require a minimum account balance.

Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA



A savings gold mine

Here we go: Tax crunch time

MoneyMatters

Q Last May 2008, I registered a small business. I sold tens of thousands of inventory from September to December. Can I choose a 2009 year-end or must I file by April 30 this year? Does the sale of stocks change my filing date?
— Jamie

A Stock gains/losses will not change your tax-filing deadline. Individuals with investments outside registered plans should request a stock transactions summary from their investment broker. Stock sales are the responsibility of the taxpayer to report and may not be indicated on other tax receipts.

As the April 30 deadline draws closer, the majority of the more than 16 million Canadians are frantically sorting tax receipts and holding their heads. It is important for individuals and businesses to have a good record keeping system. It can be as simple as a file folder for receipts.

For most Canadians that are employees, the tax-filing deadline is April 30. Taxes owing must be paid on or before this date or be subject to penalties. A non-incorporated business (per back up documents) filing deadline is June 15 and cannot choose a non-calendar year-end, unlike an incorporated entity.

Henry Choo Chong, CGA, can be reached at choochonghcga@yahoo.ca.

SmartCookies

Every year over 3.6 billion coupons are distributed but only three per cent are cashed in.

That's a lot of "free" money not being taken advantage of and if there's one thing a Smart Cookie loves, it's free money.

Follow these simple steps below to stretch your dollar at the grocery store.

Before hitting the stores:

- Two-thirds of the purchases we make are impulse buys. Therefore, before you leave your home, create a list of every item you will need to make your meals in the coming days. Then, most importantly, stick to that list!
- Coupon "clipping" has gone high-tech. Start with the sites for the stores you frequent; most large chains now have websites that include coupons and details on other weekly deals.
- Manufacturer's websites will sometimes display coupons and they tend to be more generous; so if you know you always buy a certain brand of canned soup, log on and see if the company is offering any discounts.
- Join mailing lists of the companies and stores you frequent. Many sites allow you to print off the coupons to take to the store right away, but others will send you the coupons you choose through the mail. If you prefer clipping coupons, then Sunday is the best day to find them.
- Before heading to the store, also take a quick look in your cupboards and fridge for any coupons on product packaging.

Maximizing Savings:

- Use the sales flyers and coupons together. Many people mistakenly think you can't use a coupon on sale items, but you usually can. One survey showed that combining these two savings methods meant an average savings of almost $700 a year on groceries alone.

At the Store:

- When you first get to your grocery store, look near the check-out for any coupon books or flyers.
- Consider signing up for the store's loyalty card so you can receive their automatic discounts. They will also alert you to extra deals. Also, if there is a store you regularly shop at, then get to know the salespeople or grocers as these are the people who are in the know as to when sales occur.

Rebates:

- Rebates can be a great way to save on everything from drugstore items to electronics. Offering rebates in the store or online is popular because it encourages customers to pick that product for the deal. But between 30-50 per cent of people don't bother to follow through and get the rebate — which is a bonus for the retailers and manufacturers instead of the customer.

Questions or comments for the Smart Cookies? Please email us at smartcookies@metronews.ca.

Tune in Monday nights at 10:30 p.m. EST/PST on the W Network and be sure to visit smartcookies.com for more tips.

Investing

Allan Small discusses how media reports can be negative for some investors. Visit metronews.ca/investing

INFO NIGHT
APRIL 8, 2009
4 PM to 6 PM

Vancouver Community College. 140 programs.
One night. Everything you need to know.

VCC downtown at Dunsmuir & Hamilton 604.871.7000 VCC.ca

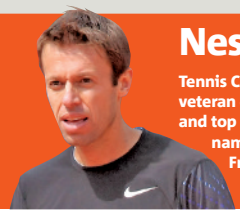
Health Sciences
Design
First-year University
Music
Continuing Studies
English as a Second Language
Hospitality
Business & Technology
Transportation Trades
High School & Upgrading
Instructor Education

Vancouver Community College

Moats accepts officer's apology

NFL player Ryan Moats said yesterday that he accepts the apology offered by a Dallas police officer who stopped him with a drawn gun in a hospital parking lot while his mother-in-law was dying inside. Moats had rolled through a red light on the way to the hospital, where the woman died while Moats was ticketed and lectured. METRO NEWS SERVICES

Sports



Nestor tops in tennis again

Tennis Canada announced its 2008 Excellence Award winners yesterday, and veteran doubles player Daniel Nestor was named top player for the sixth time, and top doubles player for the seventh straight year. Aleksandra Wozniak was named top top female player, top singles player and most improved. Frank Dancevic was named Canada's top male singles player.

METRO NEWS SERVICES

EDITOR: JOHN.CHICK@METRONEWS.CA

SCOREBOARD

NHL

WESTERN CONFERENCE	W	L	OT	P
y-San Jose	50	15	11	111
y-Detroit	49	18	9	107
d-Calgary	43	27	6	92
VANCOUVER	41	25	9	91
Chicago	40	23	11	91
Columbus	39	29	8	86
Nashville	38	30	8	84
St. Louis	37	30	9	83
Anaheim	38	32	6	82
Edmonton	36	31	9	81
Minnesota	36	32	8	80
Dallas	33	33	10	76
Los Angeles	31	33	11	73
Phoenix	32	37	7	71
Colorado	31	43	2	64

x-clinched playoff berth
y-clinched division
d-division leader

YESTERDAY'S RESULTS

San Jose 2 Calgary 1
N.Y. Rangers 3 New Jersey 0
Phoenix 6 Dallas 5 (OT)

TONIGHT'S GAMES

Tampa Bay at Boston
Nashville at Columbus
Chicago at Montreal
Ottawa at Florida
VANCOUVER at Minnesota
Anaheim at Edmonton
Dallas at Los Angeles

Sports in brief

NHL The Edmonton Oilers placed defenceman Ladislav Smid on injured reserve yesterday. METRO NEWS SERVICES

No points for Calgary

Evgeni Nabokov made 28 saves to help the San Jose Sharks take a 2-1 win over the Calgary Flames in a battle of division leaders at Pengrowth Saddledome last night.

Dany Boyle and Jonathan Cheechoo each had a goal for the Sharks, who have won two straight. Joe Thornton assisted on both goals.

Jarome Iginla scored the lone goal while Miikka Kiprusoff stopped 15 shots in the loss for the Flames, who have dropped three of their last four.

The win moves San Jose to 111 points and the team has a four-point edge on Detroit for No. 1 overall in the league.

Calgary sits atop the Northwest Division with 92 points, but is just one ahead of Vancouver with six games to play while the Canucks have seven games remaining.

San Jose took a 2-1 lead at the 12:24 mark of the second period as Brad Lukowich threw a shot on net from the high point that was tipped in by Cheechoo for his 10th goal of the season.

The Flames were unable to get any consistent pressure on net in the third period.

TODD KOROL/REUTERS

Calgary Flames forward Jamie Lundmark tries to shoot on San Jose Sharks goaltender Evgeni Nabokov last night.

METRO NEWS SERVICES

Tonight

VS

5:00 p.m.
Sportsnet/TEAM 1040

The Canucks wrap up a six-game road trip against a Wild team fighting for a place in the postseason. Vancouver has had Minnesota's number this season, winning four of five head-to-head meetings and picking up nine of a possible 10 points in those games. The Canucks have not lost at the Excel Energy Center this season, besting the home side by scores of 3-2 and 2-1.

SEDIN LINE RED HOT: The ginger twins have been on fire of late; Daniel and Henrik Sedin have combined for 11 goals and 28 points in their last ten games. Throw in linemate Alex Burrows' production, and those numbers increase to 18 goals and 39 points.

METRO NEWS SERVICES

Daniel Sedin second star

NHL Daniel Sedin of the Canucks earned the second star after notching four goals with four assists for eight points in four games last week. He had at least one point in each game, including a two-goal, one-assist effort in Sunday's 4-0 win over Chicago — a victory that vaulted Vancouver into a tie with the Blackhawks for the fourth seed in the Western Conference playoff chase.

St. Louis Blues goaltender Chris Mason was selected as the NHL's top star for the week ending March 29, posting a goals-against average of 1.72 with a .930 save percentage. Hurricanes goalie Cam Ward was honoured for the second straight week, picking up third star.

METRO NEWS SERVICES

Triano gets vote of confidence from Raptors GM Colangelo

BASKETBALL Bryan Colangelo always thought Jay Triano was a talented NBA coach — he wouldn't have given him the interim job with the Toronto Raptors if he didn't — and the team's recent run of success hasn't done anything to change that opinion either way.

Four straight wins won't totally alleviate the bitter feelings of a disappointing season, but they have showed flashes of what might have been.

And what might still be if Colangelo decides to keep Triano on as the head coach after this season.

Reiterating that he wouldn't speak specifically about Triano's longer-term prospects until the end of the regular season, the team's president and general manager has not wavered from his support.

"The message is the right message; the method of communicating is the right method," Colangelo said yesterday.

"I've been high on him the entire time."

It will be sooner, rather than later after the end of the regular season that Colangelo acts on the coaching situation. While there will be a slow time while the first couple of rounds of the playoffs unfold, Colangelo wants to have a full staff in place well before the run-up to the June 28 draft.

Former Simon Fraser standout Triano is 20-36 as a head coach since taking over from the fired Sam Mitchell on Dec. 3, but Colangelo continues to point to other factors than simply the won-loss record. Injuries to key players, a significant trade and the upheaval that goes with a losing season have all contributed.

"Jay's done a solid job, he was given a bad set of circumstances," the general manager said.

TORSTAR NEWS SERVICE

For more sports coverage visit: metronews.ca

G4S Security Services (Canada) Ltd.
The Leading International Security Provider
FT & PT positions
Must have BST 1 & 2
604-661-0313 fax: 604-683-0621
email: kevin.paxman@ca.g4s.com

Job At Home
$487.68 Weekly.
Mail Work, Assemble Products or Computer Work
www.TopJobVancouver.com
Or Write to: CHR Jobs
900 Greenbank Road
Suite #415 • #916-MV1
Ottawa ON, K2J 4P6

You'd be crazy not to...
...talk up to
100 minutes for $1
per call within Canada & to the USA!
4¢ per min. after the first 100 minutes.
11 min. for $1 per call to India
7 min. for $1 per call to Philippines
38 min. for $1 per call to China UK
LooneyCall
10•15•565
For great rates to other destinations check out www.looneycall.com
LooneyCall rates effective January 1st, 2009 and subject to change without notice. Regardless of call duration, $1.00-per-call destinations have a $1.00-per-call minimum charge. Calls to cellular phones and special country code terminations in some international destinations will be billed at a higher rate. For more info call 10-15-565-0.

Weeks continues sizzling spring against M's

Rickie Weeks had three more hits to push his spring training hit streak to eight games and 15 of 16, as the Milwaukee Brewers beat the Seattle Mariners 9-7 in Cactus League action yesterday. METRO NEWS SERVICES

Players to CSA: Spend money to win

SOCCER The last time Canada was looking for a new men's soccer coach, Dwayne De Rosario pushed for the hiring of Brazilian Rene Simoes.

But in the end, the board of the Canadian Soccer Association didn't hire the man who led Jamaica to an unlikely appearance in the 1998 World Cup, apparently because he wanted to bring in his own support staff and that was too expensive.

So, Canadian Dale Mitchell got the job in 2007. He led the team to a 0-4-2 record in the semifinals of CONCACAF World Cup qualifying and was fired on Friday. Now, the debate is renewed over the passport of his replacement.

If the CSA hires a big name coach with international experience, "I think people would take us a little more serious," De Rosario, a national team member and midfielder with Toronto FC, said yesterday.

Such a coach would demand more and bigger friendly matches in Canada and a higher public profile for the team and the sport, said De Rosario.

"Of course, bringing in a person like that demands a lot," De Rosario said. "And, I think that puts a threat into a lot of people's pockets … and that's where we have a problem."

TFC goalkeeper Greg Sutton, who has played 11 games for Canada, said no matter who is named the new coach he faces "a tough time" because of the CSA's finances.

"It's not getting the necessary funds that they need to be a successful program," said Sutton.

TORSTAR NEWS SERVICE

Rating the medal hopefuls

For Olympians, it'll be all about the 'Opod' in Vancouver

VANCOUVER 2010 Games

It's all going to come down to *Opod* at the 2010 Vancouver Winter Games.

A key catchphrase among Canadian teams getting ready for next February has been "performance on demand," p.o.d. for short, that special ability to deliver when the pressure is greatest.

Next winter what's going to matter is "Olympic performance on demand," or Opod.

Canada has fared well against their top competitors in that regard this season with 26 total medals (six gold, seven silver, 13 bronze) in Olympic disciplines, with the men's and women's world hockey championships and men's world curling still to come.

Germany leads the way with 27 medals (9-15-3) followed by the U.S., also with 26 (12-4-10.)

Here's a look at some of Canada's most successful sports this season:

Alpine skiing

The men's team came through when it counted this season, at the world championships, with a gold in the downhill from John Kucera and a bronze in slalom from Michael Janyk, but they still don't have that star performer who's a strong threat to win in every race. The Canadian women need to rebound from a dreadful season, particularly Whistler's Britt Janyk.

Opod projection: Decent. Matching the two medals at the worlds would be great. The three to four projected by Alpine Canada for the Olympics seems unrealistic.

Long-track speedskating

This is a team that was without stars Cindy Klassen and Jeremy Wotherspoon at the recent worlds at the Richmond Olympic Oval, yet still matched the powerhouse Dutch in medals with eight. They've got steely competitors — Kristina Groves, Clara Hughes, Christine Nesbitt, Denny Morrison — which is important under the Olympic glare.

Opod projection: Excellent. There's a good chance they could surpass the eight medals won at this year's world, maybe even hit 10 or 11.

Bobsled, skeleton, luge

The bright side is that they came away with three medals at the World Cup on the challenging Olympic track in Whistler (Jon Montgomery gold in men's skeleton, Jeff Pain bronze in men's skeleton, Pierre Lueders bronze in two-man bobsled).

Alex Gough made a big breakthrough in luge with a fourth-place finish in the women's event at the worlds.

Olympic bronze medallist Mellisa Hollingsworth remains a threat in women's skeleton.

Opod projection: It's good, but could be in danger of dropping to slim. Canadian officials are worried about this season's slide in performance.

Freestyle skiing

Canada's got a star-studded lineup here, led by Olympic moguls champ Jenn Heil, her training partner Alexandre Bilodeau, winner of the Crystal Globe as the men's overall moguls champ, and aerialist Steve Omischl.

Opod projection: Excellent. But gold will still be hard to get.

Snowboarding

The grand old man of snowboarding, Jasey-Jay Anderson, is coming off perhaps his best season with a gold in parallel giant slalom at the worlds and victories in his last two World Cup races.

Matt Morison of Burketon, Ont., is right on his tail, having won bronze at the worlds.

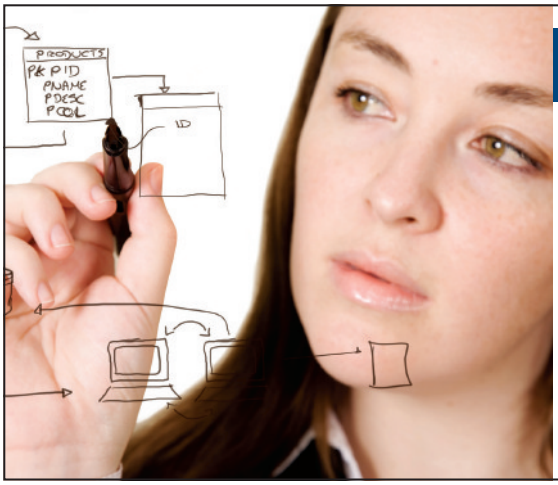
Opod projection: Good. Anderson and Morison provide a potent 1-2 punch.

TORSTAR NEWS SERVICE

Last time around
Turin 2006 Winter Games

- Germany: 29 medals
- United States: 25 medals
- Canada: 24 medals
- Austria: 23 medals
- Norway: 19 medals
- Switzerland: 14 medals
- Sweden: 14 medals

Left: Jasey-Jay Anderson. Above: Mellisa Hollingsworth.



ADVANCE YOUR IT CAREER

BCIT School of Computing offers individual part-time courses and programs in:

> Web Development
> Networking and Security
> Software Application Development
> MS Office and Computer Applications
> Databases and Information Systems

Earn a Bachelor's Degree part-time, find out how.

bcit.ca/computing

TECHNOLOGY CHANGES EVERYTHING

BCIT

Map out a skincare plan
Want to learn why your forehead breaks out or why your nose is often red? Go to dermalogica.com/ca and click on Speed Mapping to find out what can cause skin problems on different areas of the face. **BEST HEALTH MAGAZINE**

Health & Beauty

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

ISTOCK PHOTO

A recent Swedish study interviewed youth aged 14 to 20 about their experiences and perceptions of porn.

Internet pornography

According to statistics, most kids have viewed explicit online material by age 11. But because it's not exactly scientifically ethical to plunk kids down, make them watch hours of porn and ask them what they think, it's difficult to study the effect viewing this stuff is having on them.

Which is why I was excited when Porndemic — a CBC documentary that delves into the business of Internet pornography — introduced Edmonton's Sonya Thompson. Thompson's graduate work focused on researching the effects of pornography on young people. Finally, I thought, some answers.

Thompson got as far as finding out that by age 13-14, 75 per cent of kids had seen porn online. After that, her funding dried up. Seems that while we assume that viewing all this sexual imagery will automatically turn today's kids into a bunch of porn-addicted, sexually depraved, emotionally stilted adults, no one wanted to pay for the research to prove it.

The Swedes have gone there. They interviewed youth aged 14 to 20 about their experiences and perceptions of porn and found that boys watch it more than girls do; girls watch it more as they get older and generally with someone they are involved with. Not much new there.

A 2008 University of Amsterdam study found teens that watched more Internet porn had a more open attitude to casual hookups, one-night stands and a "recreational" view of sex. The researchers warned, however, that one did not lead to the other. That teens who are already more interested in sex than their peers are going to be more interested in finding sexual content on the Internet.

Earlier this year, The Internet Safety Technical Task Force, created by 49 US state attorneys general and a bunch of Internet-savvy folk, said in their final report that while "unwanted exposure to pornography does occur, those most likely to be exposed are those seeking it out."

It's like fast food. Kids are exposed to it all the time and McDonald's isn't going away anytime soon. As such, we need to teach kids proper nutrition and how to develop a healthy relationship with food.

Josey Vogels is a sex and relationship columnist and author of five books on the subjects. For more info, visit joseyvogels.com.

Beware of 'Bull' drinks

Some energy beverages can be dangerous, warn experts

CELIA MILNE
for Metro Canada

Want more energy for sports? Eat and drink smart.

That is a message from the Dietitians of Canada. This organization, along with the American Dietetic Association and the American College of Sports Medicine, has written a new position paper on the best nutrition for athletic pursuits.

There is no magic formula in a jar that'll give you peak performance. In fact, some energy drinks can be quite dangerous. "Energy drinks should not be confused with well-designed sports drinks such as Gatorade, Powerade and eLode," says Susie Langley, a certified specialist in sport dietetics and co-author of the position paper.

Energy drinks like Red Bull, Full Throttle and RockStar can deliver a "high caffeine, high sugar kick" which make them a "no-no" immediately before or during and even after an event, says Langley.

Instead, you need to eat a wide variety of foods to get enough carbohydrates, protein, fat, vitamins and minerals. If you don't eat properly, effects include losing muscle mass, stopping your period, losing bone density and increasing your risk of fatigue and injury.

It is critical to drink enough fluids before, during and after exercising or competing to replace the liquids you've lost in sweat. If you are not sure about a product, ask a dietitian.

Langley is concerned that young people are consuming too much caffeine when they consume energy drinks for a quick lift. This can lead to dangerous side effects such as anxiety, insomnia, high blood pressure, stomach upset, rapid heart beat and withdrawal symptoms when caffeine is discontinued. For instance, two cans of Red Bull contain a toxic amount of caffeine for a child who weighs about 66 pounds (30 kg). Adults could get a toxic hit of caffeine from two RockStars and a Grande Starbuck's coffee.

ISTOCK PHOTO

Energy drinks should not be confused with well-designed sports such as Gatorade, Powerade and eLode.

Here are some tips from the Dietitians of Canada on eating and drinking for best sports nutrition:

BEFORE EXERCISING:

- About two to three hours before an endurance event, drink plenty of fluids and eat a balanced meal that includes grain products, fruits and vegetables and a low-fat protein choice such as chicken.
- If necessary, top up energy levels one to two hours before activity with a sports bar, fruit, cereal bar or yogurt.

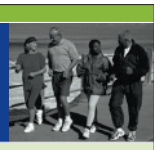
DURING EXERCISE:

- Try to drink every 15 to 20 minutes during exercise (water or a sports drink).
- If you are doing a prolonged event, you may want to snack on granola or cereal bars.

AFTER EXERCISE:

- Start with a smoothy (for example, blend milk, fruit and ice), sport drink, chocolate milk or water.
- Then have a meal rich in carbs and protein, such as chicken with rice and vegetables, pasta with meat sauce and salad, or vegetarian chili with potato and raw vegetables.

IS CHRONIC KNEE OR HIP PAIN DUE TO OSTEOARTHRITIS SLOWING YOU DOWN?



If so, you may qualify for an important research study to assess an investigational pain medication that may be effective in managing chronic pain and have better gastrointestinal tolerability than other pain medications.

You may be eligible to participate if you:
- *Are 18 - 80 years of age*
- *Are dissatisfied with your current pain medication*
- *Believe you are a candidate for knee or hip replacement*

To find out if you qualify:
call **1-877-927-5469** (1-877-9-ASKHOW)

GUARANTEED WEIGHT LOSS!
THERMO-LEAN
"After my baby, I was overweight and always tired. I tried Thermo-Lean and lost 51lbs in just 4 months. It was fast and easy!" Anna Stellato
Thermo-Lean® targets your problem areas and is so powerful... you'll feel it working in only 15 minutes!
Lose Weight
Control Your Appetite
Increase Your Energy
Before
Feel it in 15
888-834-7760
www.thermo-lean.com
Available at retailers nationwide
THERMO-LEAN

Another daughter for Tim Allen

Tim Allen and his wife of three years, Jane, welcomed a new daughter, Elizabeth, into the world over the weekend, according to Entertainment Tonight. This is the couple's first child. Allen has another daughter from a previous marriage. METRO NEWS SERVICES

Entertainment

Bugged by bike

Despite photos of Scarlett Johansson and hubby Ryan Reynolds on the back of a motorcycle Sunday, the curve-queen supposedly hates the hog and wishes her man would give it up. EONLINE.COM

EDITOR: DEAN.LISK@METRONEWS.CA

Adventures of Ryan Reynolds

Canadian actor trying different roles

Ryan Reynolds stars in Adventureland, one of the four films he has coming out this year.

STEVE GOW
for Metro Canada

The fact that Ryan Reynolds has become a big star in Hollywood perhaps surprises nobody more than Ryan Reynolds.

"I had no expectations, therefore I've had very little disappointment in my career," said the Canadian actor recently in Los Angeles.

"It has been an evolution to really appreciate — I wouldn't dare say perfect this craft because you never do that — but appreciate it to the point that I want to try as many different kinds of work as I can."

And that's just what Reynolds is doing. Having shaken off the media attention that comes with marrying a star like Scarlett Johansson or being named one of People Magazine's Sexiest Men, the down-to-earth 32-year-old is now focusing on the four films he has coming out this year.

First up is Adventureland (in theatres this Friday), the amusement park-set comedy in which Reynolds plays a seasoned mechanic engaged in an extramarital affair with a much younger carnival worker.

"I like the thought that this guy has inserted himself into a situation where he can be the big fish in a small pond — and the worst kind of pond too. It's a bunch of kids working a summer job," said Reynolds, who admittedly plays a bit of a creep, but a charming creep nonetheless.

"There is something incredibly appealing about playing a guy who lives a fantasy life — I know people like that," admitted Reynolds.

Soon after Adventureland, Reynolds will return to action in the highly-anticipated thriller, X-Men Origins: Wolverine. While he's quick to appreciate landing a role in a guaranteed blockbuster, Reynolds also realizes avoiding those huge films may be the secret to his unplanned success.

"Because I haven't had a Titanic or one of these movies that would thrust you into a spotlight that you'll never get out of, I've been lucky to do the kind of movies I want to do," he said.

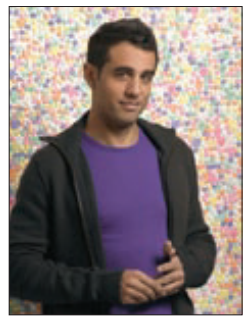
3/31/09 primetime

VA	Vu	SC	C	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
	251	308	3 CBC	Coronation St.	Jeopardy! (N)	Rick Mercer	22 Minutes	Wild Roses "First and Last"		CBC News: The National (N)		(:05) The Hour
	255	358	6 JOY	E! News (N)	The Insider	The Biggest Loser Recent winners return. (N) (CC)				E! News Weekend (N) (CC)		News (N)
	254	-	8 M	Two/Half Men	Two/Half Men	Omni News: Mandarin Edition		News: Cantonese Edition		Omni News: Punjabi Edition		Metropia
	250	321	9 CTV	etalk (CC)	Hollywood	American Idol The finalists perform. (CC)		TBA		Law & Order: SVU		News (N)
	-	-	10 OMNI	The Daily	Frasier (CC)	Islam 101 (CC)		Poltergeist: The Legacy		Scrubs (CC)	The Search	New Day
	252	336	11 GTV	Entertainment	ET Canada	NCIS "Dead Reckoning" (N)		90210 "Life's a Drag" (N)		Project Runway Canada		News (N)
	256	389	12 VI	Instant Star	TMZ (N) (CC)	Reaper (N) (CC)		Dancing With the Stars (CC)		(:01) Without a Trace (N)		News (N)
	253	359	13 CITY	Law & Order: SVU		According-Jim	According-Jim	Scrubs (CC)	Friends (CC)	Privileged (CC)		The List
	-	-	14 CW	Deal-No Deal	Deal-No Deal	Reaper (N) (CC)		90210 "Life's a Drag" (N)		Seinfeld	Seinfeld	Frasier (CC)
	289	381	15 CBS	Entertainment	The Insider	NCIS "Dead Reckoning" (N)		The Mentalist (N) (CC)		(:01) Without a Trace (N)		News (N)
	287	379	16 NBC	Evening Mag.	Inside Edition	The Biggest Loser Recent winners return. (N) (CC)				Law & Order: SVU		News (N)
	602	568	19 W	Will & Grace	Friends (CC)	How to Look Good Naked		Style by Jury	Style by Jury	How to Look Good Naked		Maxed Out
	288	380	21 ABC	Wheel-Fortune	Jeopardy! (N)	Better Off Ted "Pilot; Heroes"		Dancing With the Stars (CC)		(:02) Cupid "Pilot" (CC)		KOMO 4 News
	-	-	23 KVOS	M*A*S*H	Seinfeld	It Runs in the Family ★★ (2003) Michael Douglas.				King	Still Standing	Scrubs (CC)
	291	383	27 PBS	Steves Europe	About-Money	Nova "Last Extinction" (N)		Frontline (N) (CC) (DVS)		Independent Lens "Recycle" (N) (CC)		
	290	382	28 FOX	Two/Half Men	Two/Half Men	American Idol The finalists perform. (CC)			Osbournes	News (N) (CC)		Family Guy
	-	364	45 PBS	Frontline (N) (CC) (DVS)		My Hero	Summer Wine	Tavis Smiley	Charlie Rose (N) (CC)		Nova "Last Extinction"	
	296	654	64 SBK	Frasier (CC)	Frasier (CC)	Punk'd (CC)	South Park	Cheers (CC)	Half & Half	The Insider	Entertainment	Reverse Aging
	298	653	65 TLA	Two/Half Men	Two/Half Men	Reaper (N) (CC)		90210 "Life's a Drag" (N)		KTLA Prime News (CC)		Friends (CC)
	295	651	66 WGN	WGN News at Nine (N) (CC)		Family Guy	Two/Half Men	According-Jim	Sex and-City	Friends (CC)	Friends (CC)	My Wife-Kids
	297	652	67 WPX	PIX News at Ten Tong. (N)		Two/Half Men	Friends (CC)	Sex and-City	According-Jim	Frasier (CC)	Frasier (CC)	Odd Couple
	199	311	76 STR	News (N)	News		Late Show-Letterman		Late Late Show		Will & Grace	Seinfeld
news	502	390	26 NW	The Third Sex (CC)		CBC News: The National (N)		CBC News: The National		The Third Sex (CC)		National
	500	500	33 CNN	Anderson Cooper 360 (CC)				Larry King Live		Anderson Cooper 360 (CC)		Cooper 360
sports	407	419	22 RSP	NHL Hockey	Sportsnet	Hockey	Canucks TV	Best Damn Sports Show		Sportsnet Connected (Live)		Sportsnet
	400	400	30 TSN	SportsCentre (Live) (CC)			In This Corner	Boxing: Bute vs. Zuniga		Poker		SportsCentre
	411	457	49 OLN	Bounty Hunter	Bounty Hunter	Survivorman (CC)		Mantracker "Dustin and Ian"		Bounty Hunter	Bounty Hunter	Survivorman
	410	403	54 SCR	TBA	Score Tonight	Hardcore Hockey Talk		Final Score	Final Score	Final Score	Final Score	Final Score
	417	406	55 SC	Hot Import	Hot Import	Pimp My Ride	Pass Time	Low Life	Low Life	Super Bikes!	Super Bikes!	Hot Import
	416	409	144 GLF	Fútbol: España vs. Turquía		Gol TV News	Hallo Bundesliga		Gol TV News	Paid Program	Gol TV News	Gol TV News
family	552	543	25 YTV	Adrenaline	Prank Patrol	Malcolm-Mid.	Futurama	Family Biz	Prank Patrol	Falcon Beach (CC)		Mystery Hnt.
	555	545	50 TEL	Totally Spies	Total Drama	6TEEN	6TEEN	Futurama	American Dad	Chicken	American Dad	Moral Orel
	557	541	51 FAM	Wizards-Place	Han. Montana	Zack & Cody	Latest Buzz	Wizards-Place	Life Derek	Ned's School	Cory in House	Zack & Cody
	553	546	53 TRE	Comfy Couch	Zigby	Max & Ruby	Babar (CC)	Backyard	Dora-Explorer	Go, Diego, Go!	Franklin	Comfy Couch
cable variety	268	354	5 KNO	Gardens	Recreat. Eden	New York: A Documentary Film (N) (CC) (DVS)				The Devil Plays Hardball		Cracking Up
	575	583	20 CMT	Hope & Faith	Hope & Faith	Weddings	CMT Star	Home Imp.	Home Imp.	Reba (CC)	Reba (CC)	Hope & Faith
	570	580	24 MM	Degrassi: TNG	Instant Star	The Shift		Redemption	Redemption	Technical Diff.	Video on Trial	Video on Trial
	600	564	25 H&G	House	House	Holmes on Homes (CC)		SarahCottage	Design Inc.	HGTV's Top	Dirty Business	House
	615	520	31 A&E	Manhunters	Manhunters	Manhunters	Manhunters	The First 48 (CC)		The First 48 "Double Time"		Manhunters
	628	584	32 SPKE	DEA (N)		DEA (N)		CSI: NY "Stealing Home"		Disorderly Conduct: Video		DEA
	521	560	34 TLC	Toddlers & Tiaras (CC)		A Very Duggar Wedding		17 Kids-Count	17 Kids-Count	Toddlers & Tiaras (CC)		14 Children
	616	522	53 SHO	The Outer Limits (CC)		Mutant X "Altered Ego" (CC)		Testees (CC)	Trailer Park	Saving Grace (N) (CC)		House (CC)
	620	523	70 BVO	Samba Squad		Law & Order "Bounty" (CC)		Without a Trace (CC)		Mediterraneo ★★★ (1991, Comedy) (CC)		
	601	562	41 SLC	Rich Bride, Poor Bride (CC)		ET Canada	Til Debt-Part	Real Housewives OC		Trading Spouses		Paradise Hotel
	520	505	42 DIS	Combat School (N) (CC)		Daily Planet (CC)		Destroyed	Time Warp	Combat School (CC)		How It's Made
	522	506	44 HIS	NCIS "Blackwater" (CC)		Sandhogs (CC)		Crime Stories (CC)		NCIS "Blackwater" (CC)		Sea Hunters
	627	528	45 SPC	(:05) Destination Truth (CC)		Stargate SG-1 "Red Sky"		Star Trek: Next Gener.		Star Trek: Voyager (CC)		Star Trek: Ent.
	294	650	47 TBS	The Office	My Boys	The Office	Seinfeld	Sex and-City	Sex and-City	Friends (CC)	Romy and Michele's	
	619	525	48 TROP	Vanity	Tube Tales	Tube Tales	Seinfeld	Seinfeld	Raymond	Family Guy	Married... With	Seinfeld
	603	561	52 FN	Good Eats	Good Eats	Iron Chef America (CC)		Unwrapped	Unwrapped	The F Word		Good Eats
	626	547	57 COM	Air Farce	Just for Laughs (CC)		Corner Gas	The Simpsons	South Park	Lewis Black	Flt.-Conchords	Daily Show
	320	621	60 CEN	(6:30) Sharkwater ★★★ (CC)		Before the Rains ★★ (2007) Linus Roache.			(:45) My Brother Is an Only Child ★★★ (2007) Elio Germano.			
	581	566	101 MTV	From G's to Gents (N)		MTV Live	After	Taking the Stage (CC)		From G's to Gents (CC)		MTV Live
	261	394	102 V	I Prophesy	Music, Elijah	Archaeologist	Archaeologist	Matthew Matthew recalls the life of Jesus.			I Prophesy	Paid Program
	-	-	105 MUL	Eight Heroes	Mom's-Upset	Il Caffe		In Germany	Euromaxx	Schauplatz	Euro. Journal	Patrol World

critics'corner

Cupid

Executive producer Rob Thomas ("Veronica Mars") gives his charming 1998 flop a stylish reboot, with Bobby Cannavale stepping into the role of Trevor Pierce, a handsome eccentric who claims to be the god of love, dispatched to bring 100 romantic misfits together. Is it possible he really is Cupid? His therapist, Dr. Claire McCrae (Sarah Paulson), is determined to find out. Rick Gomez also stars. 10:02 PM on ABC



Saving Grace

The title of this new episode is "Do You Believe in Second Chances?" — which, of course, is the theme of the whole series. Here, it's Grace's (Holly Hunter) niece (Jessy Schram) who needs a second chance after she brings drugs to a party where a girl overdoses and later dies. The detectives' investigation leads them into a dangerous stakeout at a truck stop. Laura San Giacomo and Leon Rippy also star. 10 PM on SHO

Madonna's adoption ruling Friday

COURT A Malawi court is expected to rule Friday whether U.S. pop singer Madonna can adopt a second infant from the country, a move a prominent local human rights activist said would amount to child trafficking. She appeared in court yesterday seeking to adopt a four-year-old girl, Mercy James. The case was adjourned until April 3. Critics had accused the government of giving one of the world's most successful singers special treatment when she adopted her Malawian son David Banda, saying it skirted laws that ban non-residents from adopting children. Malawi civil society groups say they plan to oppose Mercy's adoption. REUTERS

Kenya'sStyle
Kenya Hunt
Read the blog at metronews.ca/kenyasstyle

For complete online movie listings, trailers, reviews and tickets, visit:
metronews.ca/movies

EVERY EPISODE
FROM THE BEGINNING
entourage
WEEKNIGHTS AT 10
MUCH MORE
muchmore.ca/entourage
Shaw 35 Bell TV 571 Star Choice 581 TELUS 256

Hartnett's health problems?
Actor Josh Hartnett was taken to the hospital early Monday morning after reportedly suffering from abdominal pains, TMZ says. The actor reportedly was at the Chateau Marmont hotel in West Hollywood when he began experiencing pain. **POPEATER.COM**

Celebrity Buzz

Got $9,500? Rent Vince's house

PEOPLE Vince Vaughn is set to rent out his Chicago, home, femalefirst.co.uk reports. The four-bedroom townhouse is available to rent for $9,500 US a month.

And he's even leaving his king-size bed and home theatre, according to people.com.

Vaughn, who lives nearby in the Palmolive Building, has no plans to sell it. **METRO NEWS SERVICES**

GETTY IMAGES

Ricky's clubbing nightmare

PEOPLE Ricky Martin had trouble enjoying himself at Miami nightclub Mansion recently. The singer was continually accosted by an aggressive female fan, according to Gatecrasher.

"This girl kept going over and asking him to 'shake your bon bon!' and screaming in his face," an eyewitness says. "He snapped back, 'That's really not cool. Please don't embarrass me like this.'" Martin and his entourage eventually moved to the other side of the club to avoid her and continued to dance until 3 a.m. **METRO WORLD NEWS**

Liam looked 'so sad'

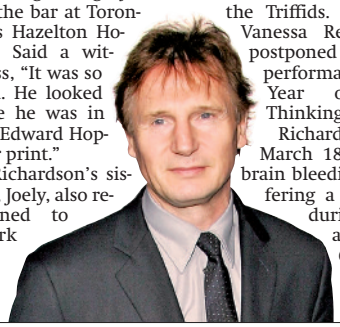
PEOPLE Liam Neeson — who is mourning the death of his beloved wife Natasha Richardson — has completed filming the Julianne Moore indie Chloe, which he was shooting when Richardson had her fatal skiing accident, usmagazine.com is reporting.

He returned to work last week in Toronto, a film rep tells Us, days after Richardson's March 22 funeral in upstate New York.

The New York Post reports that Neeson was spotting sitting by himself at the bar at Toronto's Hazelton Hotel. Said a witness, "It was so sad. He looked like he was in an Edward Hopper print."

Richardson's sister, Joely, also returned to work Thursday on the set of the BBC remake of The Day of the Triffids. But mother Vanessa Redgrave has postponed her April 27 performance of The Year of Magical Thinking in NYC.

Richardson, 45, died March 18 of internal brain bleeding after suffering a head injury during a skiing accident in Canada. **METRO NEWS SERVICES**



Brangie adopting again?

KIDS In other adoption news, Brad Pitt and Angelina Jolie are reportedly ready to welcome another child into their home, this time from India.

The Sunday Express reports that the couple decided on adopting from the nation after visiting the Priya Darshini Orphanage in 2006, but were too busy at the time.

"They filled out all the paperwork but had to put the adoption on hold because of all their other commitments," a source tells the newspaper.

The Sunday Express also reports that when the couple was asked by 10-year-old Slumdog Millionaire star Azharuddin Mohammed Ismail why they hadn't adopted from India yet, Jolie told him, "Well, I'll let you into a little secret, we will soon." **METRO WORLD NEWS**

Kate and Lily, drinking buds

PEOPLE Kate Moss beat Lily Allen in a drinking contest, femalefirst.co.uk reports.

The 35-year-old supermodel challenged her friend to a cocktail making and drinking bout at her London home last week, and emerged victorious.

Moss was crowned the winner at around 4 a.m. and is now looking forward to receiving a mystery prize from the 23-year-old singer. Lily planned to take a portrait of the model by graffiti artist Banksy from Moss' lounge if she won. **METRO NEWS SERVICES**

Reese fought for gown

PEOPLE Reese Witherspoon had to fight for the gown she wore to the Oscars in 2006 — because the owner didn't want her to wear it, reports femalefirst.co.uk

The actress found the vintage Dior dress in Paris, and decided she had to have it for the Academy Awards — but the shop owner was far from accommodating.

She recalls, "My stylist said, 'Please let her try it on.' And I tried it on and it fit perfectly, like, no alterations."

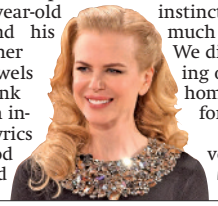
The store owner explained why he had been so reluctant to part with the dress — it had once belonged to a princess. **METRO NEWS SERVICES**

Keith's ode to Nicole

MARRIAGE Nicole Kidman was "touched" when her husband Keith Urban wrote a song for her, femalefirst.co.uk reports.

The 41-year-old musician and his writing partner Rick Nowels penned Thank You — which includes the lyrics "I thank God for grace and mercy, and that you became my wife" — and revealed Kidman was thrilled when she first heard it.

Urban said: "It was very instinctual and very much from the heart. We did a quick recording of it, and I took it home and played it for her that night. I think she was very touched." **METRO NEWS SERVICES**



Gisele's love triangle

RELATIONSHIP The birth of football star Tom Brady's son with ex-girlfriend Bridget Moynahan threw off Gisele Bündchen when she started dating him, people.com reports.

"In the beginning you're living this romantic fantasy; you're thinking, this can't be true, it's so good!" the supermodel, 28, tells Vanity Fair. "And then, whoops — wake-up call!"

The pregnancy made her "question at times — 'Should I stay here? Maybe you should work this out,'" but she says in the end, it "was a blessing, because otherwise I don't think I would have known what he was made of, and he wouldn't have known what I was made of," she says. **METRO NEWS SERVICES**

THE WESTJET PRICE GUARANTEE†

Hurry. Offer ends April 6
Book with us and if your flight gets cheaper before you fly, we'll credit you the difference.

7 DAYS LEFT

In uncertain times, be certain you're getting our lowest price.

One-way fares from Vancouver starting at:*

$89 Cabo San Lucas†† • Mazatlan††
$89 Calgary • Edmonton
$99 Montréal††
$119 Las Vegas • Saskatoon
$125 Regina
$169 Ottawa • Toronto

Book now at westjet.com or 1 800 538 5696. Or call your travel agent.

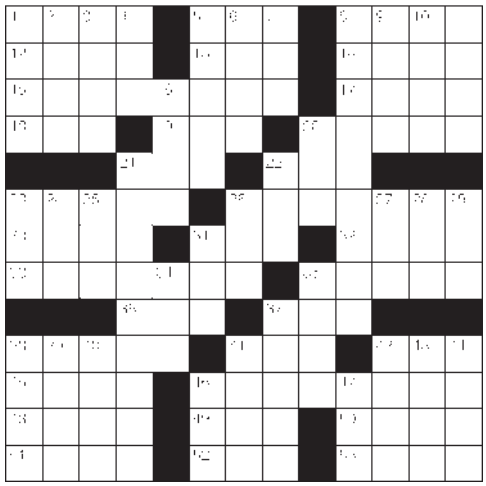
For Price Guarantee: †Offer valid for flights booked between March 31 and April 6, 2009 for travel between March 31 and June 30, 2009. WestJet Price Guarantee is valid up to two hours before departure; when flights with the same travel dates, times, departure and arrival cities in a confirmed booking are available on westjet.com at a lower price. Future travel credit (FTC) will be created for the difference in base fare (GST/HST/QST are included) between the original purchase price and the lower price. Offer valid on new air only bookings and cannot be combined with any promotional codes or other offers. FTC is not transferable and valid for one year. Some restrictions apply. WestJet reserves the right to amend, extend or discontinue this offer at any time by giving 24 hours notice. For full WestJet Price Guarantee guidelines visit westjet.com or call 1 800 538 5696.
For WestJet flights: ††For Cabo San Lucas, Mazatlan and Montréal fares book by April 1, 2009 (11:59 p.m. MT) for travel until June 30, 2009. For Montréal fare travel on Tuesdays and Wednesdays. *Book by April 6, 2009 (11:59 p.m MT) for travel until June 30, 2009. For Canadian destinations travel on Mondays, Tuesdays and Saturdays. For U.S. destinations travel on Mondays, Tuesdays and Wednesdays. Taxes, fees and surcharges are extra where applicable. Seats at these fares are limited and may not be available on all flights. New bookings only. Advance purchase required. 100% non-refundable. Offer combinable with other fares. Flights may not operate on certain days. All fares shown are one way. See westjet.com for details.

WESTJET
BECAUSE OWNERS CARE

The Weather Network 20 YEARS
©The Weather Network 2008
Today Variable 9° / 4°
Wednesday 90% Rain 5° / 4°
Thursday 40% Variable 9° / 2°
You have voted us #1 for best forecasts on TV. Thank you Canada!

For more delicious Metro recipes, visit: **metronews.ca/food**

Take Five



Crossword across

1 "Little Women" woman
5 Timid
8 Lean-to
12 Operatic solo
13 Meadow
14 Troubadour's instrument
15 Avon product
17 Chills and fever
18 Type units
19 "A mouse!"
20 Garden intruder
21 Automobile
22 Billboards
23 Future juniors
26 Police record book
30 Neighbourhood
31 Seek damages
32 Corn Belt state
33 Henson's troupe
35 Piece of hardware
36 Firmament
37 Stir-fry vessel
38 Struck, old-style
41 Disencumber
42 Petrol
45 California city
46 Crankcase accessory
48 Grand story
49 Mimic
50 "Rule, Britannia" composer
51 Seven-day period
52 "Certainly"
53 Huffed and puffed

Crossword down

1 Batman portrayer Christian
2 Ms. Brockovich
3 Gratuities
4 Owns
5 More cunning
6 Kin of "darn"
7 Tibetan beast
8 Three Stooges specialty
9 Laurie or Grant
10 Needle case
11 Homeowner's paper
16 Afternoon affairs
20 Big bother
21 Blistex rival
22 Hearty quaff
23 "Casablanca" pianist
24 Tulsa sch.
25 Energy
26 Clear the tables
27 Anderson's "High —"
28 Ram's partner
29 Uncivilized
31 Pigs' digs
34 — out a living
35 Lays down the lawn
37 Uses a paper towel
38 Passel
39 Sulk
40 Garfield's pal
41 Ready for the picking
42 Lass
43 Dermatologist's concern
44 Distort
46 Rotation duration
47 Bill

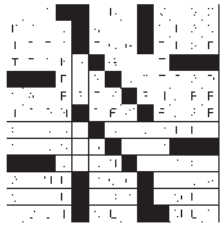
Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone – one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.

1			6					
7	6			8				
		4				2	6	
	3		7		6			9
9			5		8			1
4			2		1		3	
	5	3				9		
				1			5	2
					2			8

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



7	5	1	8	4	6	9	2	3
4	9	3	7	2	1	8	5	6
2	6	8	5	9	3	4	1	7
9	3	4	1	6	5	7	8	2
1	8	2	4	3	7	5	6	9
5	7	6	2	8	9	3	4	1
6	2	7	9	5	8	1	3	4
8	4	9	3	1	2	6	7	5
3	1	5	6	7	4	2	9	8

Find today's answers + play more games at metronews.ca

SUDOKU SOLVE TIME:

Under 13 min .....Genius
13-17 min.....Scholar
17-21 min .....Smart
21-25 min.....Not bad
25+ min.....Keep practising

Metro Recipe of the Day

Veal Marsala

INGREDIENTS:

12 large white mushrooms
1 lb (500 g) veal cutlets
1/2 tsp (2 ml) pepper
Salt to taste
1/4 cup (50 ml)
2 tbsp (25 ml) margarine, cut into 4 pieces
3/4 cup (175 ml) dry Marsala wine
3 tbsp (45 ml) chopped flat-leaf parsley

METHOD:

1. Preheat oven to 250°F (120°C). Place baking sheet on middle rack of oven. Trim ends of mushrooms, then thinly slice mushrooms and set aside.
2. Place veal between pieces of wax paper and pound with meat mallet, from centre out, to 1/3-in. (0.25-cm) thickness. Sprinkle with pepper and salt. Place flour in ziplock bag. Ad veal, a few slices at a time, and shake to coat.
3. Coat large frying pan with non-stick cooking spray and set over high heat. Melt 1 piece margarine in pan, tilting to coat. Sauté a few pieces of veal at a time until browned, about 1 minute per side. Transfer cutlets to baking sheet in oven, repeat with remaining veal, adding margarine as needed.
4. Sauté mushrooms in pan until golden, 3 minutes. Pour in Marsala, scraping up brown bits left in pan. Cook until pan juices are reduced to 1/2 cup (125 ml), 2 minutes. Return veal to pan, stacking if necessary. Turn to coat with hot pan juices and sprinkle with parsley.

SERVES 4

rd.ca
For nutritional information on this and other great recipes, go to **rd.ca** or check out **Key Ingredients in this month's Reader's Digest, on newsstands now!**

Horoscopes

AVATAR VENUS

ARIES ♈
MARCH 21-APRIL 20
Willpower is needed with a tough guy. An adventure will be the best idea for a good time. Be cool when the truth is revealed.

TAURUS ♉
APRIL 21-MAY 21
Good fortune comes after someone spills the beans. A narcissist fails to live up to their potential. A bothersome pest's attraction grows embarrassing.

GEMINI ♊
MAY 22-JUNE 21
Creative matters will bring you good luck. A rambling elder is faced with a quarrel. An agreement will take place if you listen.

CANCER ♋
JUNE 22-JULY 22
A game-player's advice will change a worldly friend. An unhappy guy starts cheering up. Strange looks will put you in a tough position.

LEO ♌
JULY 23-AUG 23
Pay attention to sensational good luck. Amusement comes from witnessing a temper tantrum. A tiresome task produces a bit of nervousness.

VIRGO ♍
AUG 24-SEPT 22
A friend needs more time to say goodbye. A new plan will be counter-productive. Your patience will be rewarded.

LIBRA ♎
SEPT 23-OCT 23
A devoted person's challenge must be faced. Avoid the desire for something different. Shake the dust of melancholy from your mind.

SCORPIO ♏
OCT 24-NOV 22
A woman has news about a dysfunctional relationship. A bureaucratic problem arises. Good intentions are stopping your progress.

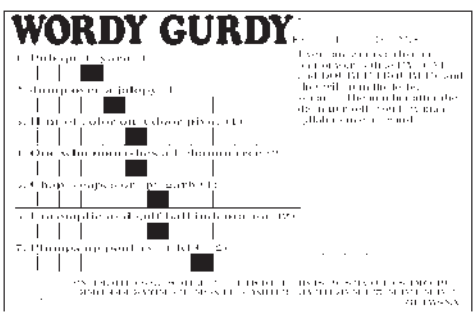
SAGITTARIUS ♐
NOV 23-DEC 21
Your love life needs more care and attention. Expect to get a reply about a request. A date will be missed because of negligence.

CAPRICORN ♑
DEC 22-JAN 20
Someone complains of being cramped. You must focus on your willpower and make demands. Don't ask anyone to cancel their plans.

AQUARIUS ♒
JAN 21-FEB 18
An unhappy visitor will amuse those sent to help. Ask someone to find a simple solution. Have courage when dealing with management.

PISCES ♓
FEB 19-MARCH 20
A wicked person walks a stony road. Don't make anybody look silly. Think carefully before making a drastic change.

WORDY GURDY



FLIGHT CENTRE Unbeatable
PUERTO VALLARTA
FROM $568
+ taxes & fees $263
INCLUDES roundtrip airfare, transfers and 7 nights 4.5-star all-inclusive accom.
1 866 519 5111 | flightcentre.ca
Conditions apply. Ex: Vancouver. Air only prices are per person for return travel unless otherwise stated. Package, cruise, rail & hotel prices are per person, based on double occupancy. Prices are subject to availability at advertising deadline and are for select departure dates. Prices are accurate at time of publication, errors and omissions excepted, but are subject to change. Taxes & fees include transportation related fees, GST and fuel supplements and are approximate and subject to change. BC REG: #HO2790

EURO CHARM
25% off Laser Services
15% off Spa Day Services
• Laser Hair Removal
• Skin Rejuvenation
• Botox $7.95 per unit
Call to book a FREE consultation 604-568-2575
3401 E. Hastings Street • www.eurocharm.ca
1 BLOCK EAST OF PNE AND FREE PARKING • EXPIRY DATE: 04/30/09

Train at VCC for a skilled high-wage job

Vancouver Community College is everywhere. In the repair shop and the paint booth, on the job site and in the works yard. We're B.C.'s No. 1 college, with more than 25,000 students and graduates working everywhere.

Get moving to a great career at VCC. Our automotive collision repair and refinishing programs give you the skills and knowledge to work in these exciting industries – where highly skilled technicians are in demand and earn great wages.

Apply now.
Every student accepted for the **April 21** automotive collision program will receive a free $150 welding helmet, an essential part of any technician's tool kit.

Find out more: attend one of our free weekly information sessions or call **604.871.7415.** Apply online at **vcc.ca.**

Centre for Transportation Trades School of Music School of Arts and Sciences
Centre for Continuing Studies School of Language Studies Centre for Design
School of Health Sciences School of Hospitality School of Instructor Education

Vancouver Community College